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Heterostructured materials

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ABSTRACT

Heterostructured (HS) materials are a new class of materials that are composed of heterogeneous zones with dramatically different (>100 %) mechanical or physical properties. The interactive coupling between these heterogeneous zones produces a synergistic effect in which the integrated property exceeds the prediction by the rule-of-mixtures. HS materials possess superior mechanical or physical properties that are not achievable by their conventional homogenous counterparts. This review focuses primarily on structural HS materials, whose superior mechanical properties are enabled by a new scientific principle: hetero-deformation induced (HDI) strengthening and HDI work hardening. Geometrically necessary dislocations (GNDs) in the soft zones pile up and accumulate near the zone boundaries, producing back stress in the soft zones and forward stress in the hard zones, which collectively produces the HDI stress. HS materials have a unique deformation behavior: formation of dispersive microscopic strain bands, which helps to distribute plastic strain over the whole gauge length, increasing uniform elongation. They can be readily produced using conventional industrial technologies and facilities at large scale and low cost. The superior properties, new materials science and great application potentials are driving the fast development of the HS materials field. This review is meant to introduce students and researchers to this emerging field, and to serve as an authoritative reference on HS materials.

1. Introduction

Heterostructured (HS) materials exist ubiquitously in the nature and have been used in many types of man-made structures and components, although HS materials as a category of materials was not well defined or systematically studied by scientists until recently [1]. HS materials exhibit superior functional and mechanical properties over homogeneous materials, which is why they have been selected by natural evolution and often explored by mankind. In this review paper we will focus largely on the mechanical properties of structural HS materials, although some functional properties will also be briefly discussed.

HS materials are quickly emerging as a major research field because of their superior properties and great application potentials. For example, heterogeneous lamellae Ti has been reported to have the high strength of nanostructured Ti and the good ductility of coarse-grained Ti, a property combination that is impossible according to our conventional textbook and literature knowledge [2]. More importantly, such a heterostructure can be fabricated using current industrial facilities at low costs, which makes their commercialization much easier than other advanced materials.

It appears that our conventional understanding of materials science is often not sufficient to explain the mechanical behaviour of HS materials, and there are many scientific issues that need to be solved before we can design HS materials for superior properties. For example, the heterostructured Ti was processed by cold deformation followed by partial-recrystallization annealing. The cold

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Abbreviations: HS, Heterostructured; GND, geometrically necessary dislocation; HDI, Hetero-deformation induced; HBAR, hetero boundary affected region; UFG, ultrafine grained; CG, coarse grained.

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deformation produced a nanostructure with high strength but low ductility. The annealing reduced the overall dislocation density and produced some large micrometer-sized grains, both of which should have decreased the strength according to our conventional teaching. However, the heterostructured Ti maintained the high strength after annealing, defying the conventional materials science.

It will take collaborative efforts of researchers from the communities including materials science, mechanics and computational modelling to solve some of the fundamental issues of HS materials. In other words, the field of HS materials represents a new frontier for scientists to explore with very promising potential for real world applications. This is why it has quickly attracted many renowned research groups worldwide to join this research field.

The objective of this review paper is to introduce HS materials to the materials research community, particularly the definition of heterostructured structural materials, their fundamental principle, processing technologies, microstructures, properties and potential applications. The targeted readers of this paper are graduate students who are working in this area, researchers who are entering this emerging research field, as well as scientists and engineers who are already working on heterostructured materials.

In this section, we will discuss the historical perspective, scope and definition of heterostructured materials.

1.1. Natural heterostructures

Heterostructured (HS) materials exist in most botanical and biological systems [3–5]. These HS materials have been evolved for millions of years through natural evolution. For a natural system such as plants to survive the severe natural environment such as wind and storms, they need to be strong and resilient while minimizing the material cost [6]. One example is the stems of bamboos, which are so strong, tough and lightweight that they are still being used for scaffolding for constructing and renovating tall buildings in Hong Kong (see Fig. 1) and South East Asia [7]. Fig. 2 reveals the heterostructure in the cross-section of a bamboo, which shows strong fibrils embedded in a softer matrix. In addition, the distribution of the fibrils is not uniform in the cross-section, with gradient distribution of higher number-density toward the outer surface. Such a distribution helps with enhancing the bending strength of the bamboo, which makes them strong and tough during storms.

Another class of examples of natural heterostructures is molluscs shells (Fig. 3a), which has evolved for over 545 million years [8]. Shown in Fig. 3b is an abalone shell, which is a species of molluscs [8]. Fig. 3c is the SEM image of the cross-section of an abalone shell [8] As shown, the shell consists of an outer layer of hard calcite (CaCO₃) crystals and an inner layer of tough nacre. The outer layer is hard but brittle, which is supported by the tough nacre layer to maintain the integrity of shell in the event of external impact. This is the same principle used in body armor [8]. The nacre layer has a brick and mortar structure, with each brick as polygonal tablets of $5-8 \,\mu\text{m}$ in diameter and $\sim 0.5 \,\mu\text{m}$ in thickness, as shown in Fig. 3d [9] and Fig. 3e. These tablets are bound together by organic layers of 20–30 nm in thickness [8]. As shown in Fig. 3f, each tablet consists of the aragonite (CaCO₃) nanocrystallite embedded in continuous organic matrix. Therefore, the nacre structure is often also called a hierarchical structure [8,9].



Fig. 1. Strong, tough and lightweight bamboos are used for scaffolding in building renovation on the campus of City University of Hong Kong.



Fig. 2. Heterostructured bamboo with gradient distribution of strong fibrils in the cross-section.



Fig. 3. The structure of Molluscs shell. (a) Molluscs shells. (b) An abalone shell. (c) The cross-section of an abalone shell showing hard outer calcite layer and nacre inside layer [8]. (d) The fracture surface of an abalone nacre showing pulled-out tablets [9]. (e) Schematics of the brick-and-mortar structure of the nacre layer with tablets bound together by an organic phase. (f) The tablets composing of aragonite (CaCO₃) nanocrystals embedded in an organic matrix.

The heterostructure of nacre consists of an optimal assembly of hard, brittle zones (tablets) and soft, ductile zones, which makes it strong and tough [8–12]. Calcite and aragonite tablets in the nacre are brittle $CaCO_3$ phases, and they provide the stiffness [8]. The organic phase has very high toughness but very low stiffness [8]. The stiffness and toughness of engineering materials usually follows a banana curve, i.e. high stiffness is accompanied with low toughness, and vice versa. However, the heterostructured (hierarchical) nacre defies the banana curve by showing both high stiffness and high toughness [8]. It was reported that the high toughness of the

nacre comes from three effects [10]: inter-tablet friction due to asperities, organic binder between the tablets and the fracture of the tablets.

These are only two examples of natural heterostructures. In fact, heterostructures can be found in almost all living natural systems, including bones, tree trunks, etc [8].

1.2. History of man-made heterostructured materials

Heterostructured (HS) materials have been used by mankind since prehistoric times as construction materials. For example, straw and mud building, named cob in English term, can be considered made of HS materials consisting of two different material components (<u>https://en.wikipedia.org/wiki/Cob_(material</u>)). Shown in Fig. 4 is an example of straw and mud walls. The mixture of straw with the mud (clay-based subsoil) makes the wall much stronger and tougher because the straws can bridge cracks and hold the dried mud matrix together. Such types of houses can still be found in Africa, the Middle East, China, and southwestern United States (also called adobe in this region). Modern buildings and structures are also mostly made of HS materials, which consist of different constituent materials such as cement, gravel and steel re-bars.

For engineering materials such as metals, mankind learned to make heterostructures with high density of interfaces to produce strong and tough tools and weapons almost two thousand years ago [13,14]. For example, by repeated forging and folding, blacksmiths in China made Beilian steel swords that are both strong and tough in the 2nd century [14]. The word "Beilian" literally means forging and folding for 100 times. A new internal folding interface is formed every time the steel piece is folded, which also reduces the spacings of interfaces between different phases in the steel workpiece. The repetitive folding eventually produces a heterostructure with high density of interfaces, including phase interfaces and folding interfaces, which makes the sword strong and tough. Later examples include Damasco steel, Sumara sward, Viking axes, etc. These materials and tools are mostly made by skilled blacksmiths with techniques refined for generations by trial and error. There is no fundamental understanding on the origin of the superior properties.

1.3. Definition of heterostructured materials

In a broad sense, materials with non-uniform microstructures can be literally regarded as heterostructured (HS) materials, including composite materials, steels and alloys with second-phase particles and multiple phases, construction materials for buildings and bridges, etc. These materials are very diverse and span many academic fields. Many of these materials have been studied and used for decades and have been regarded as conventional materials. As discussed below, here we will focus on heterostructured materials that develop significant hetero-deformation induced (HDI) stress during deformation. This effectively limits the scope of HS materials to metallic systems in which dislocation slip and twinning are the primary deformation mechanisms.

Heterostructured (HS) materials are defined as materials consisting of heterogeneous zones with a dramatic (>100 %) difference in mechanical and/or physical properties. The interactions between these hetero-zones produce a synergistic effect where the integrated property exceeds the prediction by the rule-of-mixtures [15,16]. For structural heterostructured materials, the large difference in flow stress leads to high heterogeneous (non-uniform) deformation, which produces hetero-deformation induced (HDI) strengthening and strain hardening. The HDI strengthening leads to improvement in yield strength, while the HDI strain hardening helps to retain and even improve ductility [17,18]. The HDI strengthening can be quantified as the HDI stress at yielding, and the HDI strain hardening can be quantified as HDI stress increase rate with applied strain. These two stresses can be measured using a loading–unloading-reloading procedure [19]. The dislocation hardening is originated from dislocation hardening as described by the Taylor equation [20–22],

$$\sigma = \alpha MGb\sqrt{\rho}$$

(1)



Fig. 4. Dried straw and mud wall for building houses since prehistoric times.

where $\rho = \rho_s + \rho_G$ is the total dislocation density, ρ_s is the density of statistically stored dislocations, ρ_G is the density of geometrically necessary dislocations (GNDs), α is a constant, M is the Taylor factor, G is the shear modulus, b is the magnitude of Burgers vector.

Materials that satisfy the above definition of HS materials include, but are not limited to, 1) heterogeneous lamella structured (HLS) materials [2], gradient structured (GS) materials [6,23–26], layer-structured (LS) materials [13,27–32], harmonic structured (core-shell) materials [33–37], dual-phase alloys [38–44], metal matrix composites [45–48], bi-modal structured [49–51], multi-modal or hierarchical structured materials [52,53], etc. The microstructures of these materials appear very diverse, but they share a common thread in the physics of their superior mechanical properties. Some of these materials have been studied for years or decades, but have not been classified as HS materials in previous literature. However, they share the same physical mechanisms for their superior mechanical properties, i.e. HDI strengthening and hardening.

2. Mechanical behavior of coarse-grained metals

Most engineering metals and alloys in current industrial applications are coarse-grained, and their mechanical behaviors and properties have been extensively studied for over a century. Typical mechanical behaviors of coarse-grained metals can be readily found in college textbooks [22,54,55]. Here we will only briefly discuss some basic aspects that are to be used later in the discussion of the mechanical behaviors of heterostructured (HS) materials.

2.1. Tensile stress-strain curves

Shown in Fig. 5a is a schematic of typical engineering stress–strain curve of metals and alloys. As shown, with increasing applied tensile strain, the sample initially deforms linearly (elastically), and the slop of the linear section is called the Young's modulus. Plastic deformation sets in at the elastic limit. However, the transition from elastic to plastic deformation is often gradual, making it hard to determine the exact yield point, after which the sample is considered deforming plastically. To make it easy, a 0.2 % plastic strain is used to determine the yield point, as shown in Fig. 5a, which seems arbitrary, but has been accepted as a standard. The yield strength determined at 0.2 % plastic strain, $\sigma_{0.2}$, is a material property that is used for designing machine parts and structures.

Another strength value measured from the tensile testing is the ultimate strength, σ_{UTS} , which is the maximum engineering stress (see Fig. 5a). The ultimate strength is also called tensile strength in some papers and books. It should be noted that by definition the ultimate strength and tensile strength can only be measured from the engineering stress–strain curve. Gross overestimation may be resulted if they are mistakenly determined from the true stress–strain curve, especially for ductile metals, because $\sigma_T = \sigma_e(\varepsilon_e + 1)$, where σ_T is the true stress, σ_e is the engineering stress and ε_e is the engineering strain.

One of the most important material properties that can be measured from the tensile engineering stress–strain curve is ductility, which is usually measured as the elongation to failure, δ_{f_2} when standard large samples are used. Note that ductility is a safety factor for structural applications, without which metallic materials cannot be used for most structural applications. Another parameter that is used to measure ductility is the uniform elongation, which is the applied strain at the maximum engineering stress [56] (Fig. 5a).

Fig. 5b is the true stress–strain curve, which is converted from the engineering stress–strain curve. The uniform elongation, δ_{u} , can be also determined from the true stress–strain curve (Fig. 5b). According to the Considère criterion [57], necking instability will occur when the strain hardening rate drops to the value of flow stress, i.e.



Fig. 5. Typical tensile stress–strain curves of metals and alloys. (a) Engineering stress–strain curve and the definitions of yield strength, ultimate strength (tensile strength), uniform elongation, elongation to failure. (b) True stress–strain curve calculated from the measured engineering stress–strain curve using the equations $\varepsilon_T = ln(\varepsilon_e + 1)$ and $\sigma_T = \sigma_e(\varepsilon_e + 1)$. The true stress–strain curve is not accurate after necking. The strengths and ductility should be determined on the engineering stress–strain curve.

 $\frac{d\sigma_T}{d\varepsilon_T} = \sigma_T$

(4)

where σ_T and ε_T are the true stress and true strain, respectively. As shown in Fig. 5b, the true uniform elongation strain $\delta_{T,u}$ can be determined by the intersection point of the σ_T - ε_T curve and the $d\sigma_T/d \varepsilon_T$ - ε_T curve. The value of $\delta_{T,u}$ determined from the true stress–strain curve underestimates the uniform elongation. The correct uniform elongation value is a parameter that should be determine from the engineering stress–strain curve, and can be calculate from $\delta_{T,u}$ as.

$$\delta_{\mu} = e^{\delta_{T,\mu}} - 1 \tag{3}$$

It is obvious that the procedure to determine the uniform elongation from the true stress–strain curve is curbsome and complex. It is much simpler to determine the uniform elongation from the tensile engineering stress–strain curve.

When standard large tensile samples are used, the values of elongation to failure δ_f and the uniform elongation δ_u are very close, as shown in Fig. 5a. However, as discussed later, the measured δ_f value can be significantly affected by the dimensions of the gauge section of the tensile sample, especially when the gauge length is very small [56], while the measured δ_u is relatively stable and affected much less by the gage length. Therefore, for tensile testing with very small gage length, the uniform elongation, δ_u , is a better indicator of material ductility. It should be mentioned that if the gage length is extremely small, e.g. <5 mm, even the δ_u may be significantly affected if the stress state in the gage length becomes two dimensional or three dimensional [56,58,59].

It should be also noted that ductility is by definition measured by tensile testing, not any other types of testing. Ductility can also be regarded as the tensile plasticity. The difference between ductility and plasticity will be discussed later. In the literature, the term "tensile ductility" is some times used, which is problematic, because it hints at the existence of other types of ductility. One can use either "ductility" or "tensile plasticity", but not "tensile ductility".

2.2. Strengthening mechanisms

Making materials stronger has been one of the primary endeavours of materials scientists and engineers. Common strategies in the textbooks and literature include solid solution hardening, dislocation hardening, grain boundary strengthening, precipitation hardening, dispersion hardening, metal-matrix composite strengthening, etc. [54].

Solid solution strengthening comes from the interactions between alloy elements and the dislocations [54]. Alloy elements have a misfit strain field with dislocations. If the strain field of an alloy element is symmetric, e.g., in the case of substitutional solid solution, hydrostatic stress field will develop due to the size difference between the solute and solvent atoms. This hydrostatic stress field of solute atoms will interact with the hydrostatic stress field of edge dislocations, making it harder for edge dislocations to move, which produces solute hardening. Another example of hydrostatic stress field is interstitial carbon (C) atoms in the octahedral sites of facecentered cubic (fcc) iron (Fe). Since the octahedral sites are symmetric, the stress field generated by the C atoms are also symmetric. However, when C atoms are in the octahedral sites of body-centered cubic (bcc) Fe, the stress field is non-symmetrical, since it has larger distortion in the $\langle 100 \rangle$ directions. This makes the C atoms interact with both edge and screw dislocations, which produces much stronger solution hardening. This effect is extensively used by the steel industry.

Dislocation hardening comes from the interactions of dislocations gliding on intersecting slip planes. When dislocations interact with each other and get entangled, it makes it more difficult for them to move, which produces strengthening. The flow stress of a metal can be described by the Taylor hardening equation (Eq. (1)). The dislocation hardening is also often called work hardening, because this phenomenon often occurs in cold-worked metals. During cold deformation such as cold rolling, forging and drawing, the strength of the metal increases, i.e., work hardens, so that it is often needed to carry out intermediate annealing to reduce dislocation density before it can be further cold deformed.

Grain boundary strengthening is caused by grain boundary blocking gliding dislocations. It is demonstrated by the grain size effect on strength, which is described by the Hall-Petch relationship [54,57,60]:

$$\sigma_{0.2}=\sigma_0+\kappa d^{-1/2}$$

where σ_0 is a constant, κ is the Hall-Petch slope, *d* is the average grain size. This equation shows that strength becomes higher with decreasing grain size because of higher density of grain boundaries. It should be noted that when the grain size is below 100 nm, the Hall-Petch relationship may not be followed because of the change of deformation mechanism [57,61–65]. It should be also noted that twin boundaries can be treated as special grain boundaries and acts like grain boundaries in blocking dislocations [66]. One of the applications of this mechanism is the development of nanostructured metals and alloys, which has attracted extensive effort internationally in the last three decades [57,61,67,68].

Precipitation hardening and dispersion hardening come from the interaction of second-phase particles with moving dislocations. Their effect is largely determined by the interparticle spacing. The applied shear stress that is needed for a dislocation to loop around and pass two particles can be described as.

$$\tau = \frac{Gb}{l} \tag{5}$$

where *G* is the shear modulus, *b* is the magnitude of Burgers vector, and *l* is the inter-particle distance. Note that this is the same as the stress needed to operate a Frank-Read dislocation source.

The precipitates are formed from the oversaturated solid solution. Some of the precipitates can be coherent or semi-coherent with

the matrix [69]. For coherent precipitates, it is also possible for the dislocations to cut through the precipitates. Readers are referred to some textbooks for more details [54,69]. The particles for dispersion hardening are usually added to the matrix by mechanical alloying. Examples are oxide-dispersion-strengthened (ODS) steels [54,70,71].

Metal-matrix composite strengthening comes from the reinforcement of such as fibers and whiskers [54,72]. The reinforcements are the stronger component that carries higher stress and there is a load transfer from the matrix to the reinforcement. This is beyond the scope of this paper and readers are referred to ref. [72] for more information. Note that the particle reinforced metal matrix composites can be treated the same way as the dispersion hardened materials, and dispersion hardening is the strengthening mechanism.

2.3. Strain hardening

As discussed earlier, strain hardening is critical for retaining the ductility of metals and alloys, especially those with high strength. Strain hardening literally means that as a metal is strained, it becomes stronger. In other words, as a metal is deformed, it makes it more difficult for dislocations to move to accommodate the applied strain. The strain hardening can be produced by the increase in crystalline defects such as dislocations, twins, stacking faults, grain boundaries, etc. In cases with limited plastic strain, such as tensile testing, the increase in dislocation density plays a dominant role in stain hardening, as expressed by the Taylor's equation (Eq. (1)). The strain hardening can be derived from the Eq. (1) as.

$$\frac{d\sigma}{d\varepsilon} = \alpha MGb \frac{d\sqrt{\rho}}{d\varepsilon} \tag{6}$$

Eq. (6) indicates that the strain hardening rate is dependent on the accumulation of dislocations during the plastic deformation. It should be noted that the strain hardening depends in the dislocation density increase with increasing strain instead of the dislocation density itself. In other words, high dislocation density does not produce high strain hardening rate to help with ductility. In fact, as discussed below, initial high dislocation density before tensile testing is actually detrimental to strain hardening potential during the testing, and is thus not desired.

2.4. Ductility and plasticity

There is a significant confusion about the concepts of ductility and plasticity, even among many senior researchers, which have resulted in many problematic publications [56]. We need to clarify these concepts here because they will be used in the following sections.

Plasticity is the capability of a metal to deform plastically. It is the capability of a metal to activate dislocation slip systems to accommodate the externally exerted plastic strain. According to the von Mises condition [73], for the plastic deformation of polycrystalline metals, five independent slip systems are needed to operate. An independent system produces a deformation that cannot be produced by the combination of other systems. Metals with fcc and bcc crystal structures have more than five independent slip systems and therefore generally have high plasticity. However, hcp metals do not have five independent slip systems, which is why deformation twinning is usually activated during their deformation to accommodate the applied strain. However, twinning is usually more difficult to be activated than dislocation slip and it can only provide limited strain. Therefore, hcp metals usually have low plasticity. In other words, the plasticity of a metal is intrinsically controlled by its crystal structure. Of course, extrinsic factors such as microstructure, deformation temperature, deformation strain and deformation mode also affect the plasticity.

A material that has no plasticity is brittle. The brittleness of a material is measured by its plasticity. A brittle material cannot activate dislocation slip or other plastic deformation mechanisms, and therefore cannot be plastically deformed under any deformation mode. Example of brittle materials include ceramics and glasses, which will shatter under any common deformation mode because they cannot sustain any plastic deformation.

High plasticity is a critical requirement for shaping and forming metals and alloys to make metal products. Common deformation modes used in the industry include rolling, extrusion, bending, drawing, forging, and machining. Without good plasticity, industrial processing of metals and alloys using these common deformation modes will be difficult or even impossible. It should be noted that the deformation mode may significantly affect the plasticity. Metals with high plasticity under one deformation mode may not exhibit high plasticity under another deformation mode. For example, nanostructured metals often have high plasticity under compression and rolling, but low plasticity under drawing and tensile testing.

Ductility is the capability of a metal to deform under tension, and therefore can be also regarded as plasticity under the tensile mode, i.e. tensile plasticity [56]. A metal with low plasticity certainly will have low ductility. However, high plasticity does not guarantee high ductility. For example, nanostructured metals and alloys typically have high plasticity but low ductility.

As discussed earlier, if a metal has high plasticity, the ductility is determined by the strain hardening rate under tensile test. To obtain high ductility, the strain harden rate needs to be high enough to prevent localized deformation (necking) (see Eq. (2)). Necking is the beginning of sample failure during tensile testing. Therefore, to improve the ductility of a metal or alloy, one should find ways to improve the strain hardening rate during tensile testing.

Eq. (6) demonstrates that the key to improve strain hardening rate is to increase the rate for dislocation accumulation. Gliding dislocations can be stopped and forced to accumulate at barriers such as grain boundaries, twin boundaries, and phase boundaries [57,62,74]. Some dislocation barriers are more effective than others in accumulating dislocations. This means that we can engineer microstructures to improve the strain hardening rate and consequently enhance the ductility.

It needs to be stressed that it is the dislocation density increase, not the total dislocation density, that matters in improving the ductility. This is the reason why cold-worked metals often have low ductility although they have high dislocation density. Cold worked metals have high strength due to their high dislocation density. There exists a saturation dislocation density beyond which the dislocations can no longer accumulate. Therefore, the high dislocation density of cold-worked metal leaves little room for further dislocation accumulation during tensile testing, which leads to low strain hardening rate and low ductility. To solve this problem, the work-worked metals can be annealed to lower the dislocation density, but this often sacrifices the strength. Other strengthening mechanisms discussed in Section 2.2 either decrease the strain hardening capability or do not increase strain hardening enough to maintain the same ductility as the strength increases, leading to the strength-ductility trade-off, i.e. the so-called banana curve [1,75]. Compared with materials with low flow stress, high strength materials need higher strain hardening rate to maintain the same ductility according to the Considère criterion [57] (Eq. (2)).

Good ductility is a safety requirement for structural components. Metals and alloys with high strength but low ductility (5 %) are usually not acceptable for most structural applications under tensile load. In other words, reasonable ductility is required for a metal product to be safe, and therefore is often a required property during the design of metal components and structures.

3. Mechanical behavior of nanostructured metals

Making materials stronger is an enduring endeavour for materials scientists and engineers, especially under the current situation of energy crisis and global warming. Strong materials are desired to make energy efficient transportation vehicles such as electric cars, trucks and airplanes. As discussed in the last section, one of the major strengthening mechanisms are grain refinement. Basing on this principle, Gleiter proposed and reported that nanocrystalline metals will be many times stronger than conventional coarse-grained metals [67,76–78]. Gleiter's concept of nanocrystalline materials has inspired worldwide research on nanostructured metals and alloys for the past four decades [57,61,62,65,79–97]. Significant progresses have been made in the processing, microstructure and properties of nanomaterials as well as their deformation physics [57,61,62,79–81,83,98–100]. However, there are still some challenges in producing balanced and superior mechanical properties and in producing nanomaterials in large-scale production at low costs for wide industrial applications.

In this section, we focus on the strength and ductility issues of nanostructured metals and alloys, which will be compared with those of heterostructured materials later. The definitions of nanocrystalline and nanostructured materials are not completely consistent in the materials community. The most accepted definition for nanocrystalline materials is materials with average grain sizes below 100 nm; the most accepted definition of nanostructured materials are materials with structural features below 100 nm. Therefore, nanostructured materials cover a wider grain size range, and can have grains>100 nm as long as their sub-grain sizes or dislocation cell sizes are below 100 nm [57,62,81,100]. Another term that has been extensively used is ultrafine grained (UFG) materials, which are defined as materials with grain sizes below 1000 nm [81]. Therefore, it covers the grain size ranges of both nanocrystalline and nanostructured materials.

3.1. Strength and ductility

Both strength and ductility are required for structural applications. A strong material without sufficient ductility cannot be used in structures where tensile load is involved, because ductility is a safety factor to prevent catastrophic failure. However, strength and ductility are a property couple that often go against each other. They are both dependent on the microstructure, which gives materials scientist a play field to design microstructures for desired strength and ductility.

3.1.1. Effect of processing methods

The mechanical properties of nanostructured metals and alloys are significantly affected by processing/synthesis methods, because some processing methods inevitably introduce flaws and contaminations, especially those two-step methods involving the synthesis and consolidation of nano-powders. In early years of nanomaterials research, nanocrystalline metals were typically made using the inert gas condensation (IGC) method [101–108]. In this method, metals are evaporated by heating and then condensed on a cold finger cooled by liquid nitrogen to form nano-particles, which were scraped off and then compacted into bulk nanocrystalline samples. Extensive study on mechanical properties of such samples were performed by Weertman's group. It was found to nanocrystalline metals generally have *high strength but very low ductility of* 2-3% [101–108]. The low ductility was caused by flaws introduced during the synthesis, including gas-filled pores, unconsolidated particle interfaces, etc. [108]. In fact, although ultrahigh vacuum was used during the IGC, the nano particles still attracted so much gases include CO, CO₂, H₂ and O₂ that the blisters formed in the consolidated sample upon annealing [108]. This is because the extremely high surface area per unit volume for nano particles. Therefore, these samples cannot demonstrate the intrinsic mechanical properties and deformation physics. In other words, the low ductility exhibited in these samples are not the intrinsic property of nanocrystalline metals and alloys.

Another method that has been extensively used to synthesize nanocrystalline metals is mechanical milling, also called ball milling [83,109–113]. It can deform coarse-grained metal powders into nanocrystalline powders with each particle agglomerate consisting of nanocrystalline grains. The as-milled powder usually needs to be consolidated into bulk forms under relatively high sintering temperatures for mechanical testing or applications. It has been a challenge to consolidate nanocrystalline powders while minimizing the grain growth during the consolidation. Lavernia's group milled Al powder in liquid nitrogen and consolidated the nanocrystalline powder using spark plasma sintering [114,115]. It is found that the oxygen and nitrogen contamination during the milling process helped with maintaining the nanostructure during consolidation. This allows the consolidation of relatively large bulk samples for

mechanical testing. Koch's group was able to consolidate the nanostructured powders in-situ during ball milling to produce solid sample balls with diameters up to 10 mm, which were further compressed or rolled to make tensile samples [116–119]. Very high ductility (tensile plasticity) was found in the nanostructured Zn samples [116,117], partially due to their high-strain rate sensitivity (m = 0.15). Both high strength and high ductility were observed in nanostructured Cu processed in the in-situ ball-milling consolidation [119], which is very significant because its grain sizes were very small (about 20 nm). Dislocation accumulation was believed responsible for the observed high strain hardening. Similar results were also observed in a nanocrystalline Al-5 %Mg alloy processed by in-situ ball-milling consolidation [120]. In addition, nanocrystalline powders produced by ball milling were also used to study the deformation mechanisms of nanocrystalline materials such as partial dislocation emission from grain boundaries and deformation twins [121–127].

Nanostructured metals and alloys were synthesized by electro-deposition, which can produce bulk nanocrystalline metal films for studying mechanical properties [128–136] and deformation physics [126,137–142]. Nanocrystalline samples synthesized by electro-deposition are porosity free although there may be some impurities at grain boundaries. High strength and high ductility have been reported in some nanocrystalline metal films synthesized by electrodeposition [128,143].

Severe plastic deformation (SPD) is a technique that has been extensively used to produce ultrafine grained and nanostructured materials [79,81,100]. Its advantage is to be able to produce large, bulk ultrafine grained (UFG) and nanostructured metals that are porosity free, contamination free and large enough for practical structural applications as well as for studying the fundamental intrinsic properties and deformation mechanism. Because SPD process does not introduce contamination into samples, they can typically refine grains to a few hundred nanometers, depending on the melting temperature and purity of the starting sample. The final grain size is determined by the dynamic balance between dislocation accumulations to refine grains and the dynamic recovery and recrystallization [144]. One of the SPD techniques, high-pressure torsion (HPT), can refine grains of some metals and alloys to below 100 nm, making it ideal for studying deformation mechanisms [145,146].

3.1.2. General observations: High strength but low ductility

The synthesis of bulk nanostructured metals without porosity and flaws using SPD and electrodeposition approaches makes it possible to characterize the intrinsic mechanical properties of nanostructured materials. It is generally observed that nanostructured metals possess strengths that can be several times higher than their coarse-grained counterparts, but their ductilities are very low, which follows the so-called "banana curve" [1,2,57]. The high strength is resulted from the grain boundary strengthening and partially from dislocation hardening for SPD-processed metals with high dislocation density. The low ductility is also resulted from these two factors, with the primary factor being the small grain sizes. For SPD processed samples with relatively large grain size of a few hundred nanometers and high dislocation density, there is limited room for further dislocation accumulation since the dislocation density is already near its saturation level. Both small grain size and high dislocation density lead to low work hardening (strain hardening) and consequently low ductility.

Fig. 6 represents typical mechanical behavior of nanostructured materials under compression and tension [147]. As shown in Fig. 6a, the nano-structured Ti has much higher strength than coarse-grained Ti, but its work hardening rate is reduced to close to zero. The nanostructured Ti was processed using equal-channel angular pressing (ECAP) [82,148] followed by cold rolling [147]. Because compressive testing does not need work hardening to maintain stability, it is possible for the sample to sustain large compressive strain. In other words, the nanostructured sample has high compressive plasticity.

Fig. 6b shows the true stress–strain curves from tensile tests. The most salient tensile behavior of the nanostructured Ti sample is that the necking quickly occurred after yielding, i.e. it has very low ductility, which is defined as the uniform elongation before necking. This is due to its low work hardening capability. It is also seen from Fig. 6b that the necking strain between necking and final



Fig. 6. The mechanical behavior of nanostructured Ti processed by an SPD technique, equal-channel angular pressing (ECAP) [82,148], followed by cold rolling [147]. (a) True stress–strain curves under compression at the strain rate of $2 \times 10^{-4} \text{ s}^{-1}$, (b) True stress–strain curves under tension at the strain rate of 10^{-4} s^{-1} .

failure is very large, which is typically reported in the literature. In fact, most papers on nanostructured metals took the total elongation to failure as the ductility of nanostructured metals [18,57,75], which is problematic [58,59,75,119,149]. As shown, the necking strain is much larger than the uniform elongation. The necking strain is significantly affected by the sample dimension, especially the gage length. For the same displacement in the necking segment, shorter gage length leads to larger necking strain. For standard large samples, this is not an issue since the necking strain is typically very small. Unfortunately, due to the difficulty of making large samples, non-standard small tensile samples were typically used for testing nanostructured materials [58,59,75,119,149], which produced significantly exaggerated total elongation to failure (ductility). In addition, such non-standard samples make it not possible to compare the ductility data reported in the literature. Therefore, uniform elongation should be used as a measure of ductility, which is much less affected by the dimensions of tensile samples [18,58,59].

It should be noted that for nanostructured materials, the yield strength is also determined at 0.2 % plastic strain by most researchers. However, some researchers defined the yield strength at 0.7-1 % plastic strain. We prefer to define it at the 0.2 % plastic strain for easy comparison with literature data.

There are two major factors that affect the strain hardening capability and ductility of nanostructured metals. The first is grain size. When the grains become very small, they can no longer effectively store dislocations in their interior. In other words, nanocrystalline metals will lose their ability to store dislocations, which is the primary mechanism for work hardening. This is because the dislocations are so close to the grain boundaries that they are attracted to grain boundaries. This phenomenon was observed in nanostructured Ti processed by ECAP and cold rolling [150], where it was found that grains and sub-grains smaller than 100 nm are mostly dislocation free. This is the primary reason why nanocrystalline metals have low work hardening rate and low ductility. It should be noted that dislocations have been observed in very small grains below 20 nm, but these are exceptions that don't play a significant role in work hardening.

The second factor is the high initial dislocation density in relatively large grains of nanostructured metals processed by SPD techniques. This factor is active in most cold-worked metals because cold deformation usually produces high density of dislocations. There is a saturation dislocation density for the microstructure. The initial high dislocation density leaves little room for further dislocation accumulation during tensile testing and therefore leads to low strain hardening capability. As shown in Fig. 6, annealing to reduce the initial dislocation density can recover some strain hardening to produce better ductility. However, annealing also typically leads to the reduction of strength.

It should be noted that for nanocrystalline metals with low melting point, tensile testing at room temperature represents relatively high homologous temperature. The enhanced diffusion rate and grain boundary sliding in nanostructured metals could lead to significantly enhanced strain rate sensitivity, which leads to higher tensile plasticity (ductility) [57]. With decreasing grain size, both fcc and hcp nanostructured metals have enhanced strain rate sensitivity while bcc metals behave differently with the strain rate sensitivity decreases first and then increases [63].

3.2. Strategies to improve ductility

As discussed in the last section, the primary reason for the low ductility of nanostructured materials is the low strain hardening rate due to the small grain sizes in which dislocations cannot accumulate [18,151]. Therefore, the key to solving the low ductility problem of nanostructured metals is to restore their dislocation accumulation capability. To this end, several strategies have been developed with some success to recover the strain hardening capability and ductility [57,152,153]. Some of the strategies are discussed below.

Early strategies often involve annealing to increase the grain size and decrease the dislocation density, which often results in a trade-off between the strength and ductility [49,100,147,151,154,155]. Specifically, both larger grain size and lower dislocation density from annealing will help with recovering the work hardening capability, but at the same time lower the yield strength.

Several strategies have been developed to improve the ductility of nanostructured metals without sacrificing their strength. These strategies mostly employ the principle of blocking and storing dislocations in the grain interior. The first successful strategy involves



Fig. 7. (a) Precipitation in nanostructured Al 7075 alloy simultaneously increased the strength and ductility. (b) The precipitation in the nanostructured Al alloy increased its strain hardening capability [74].

distributing nano-precipitates in the grain interior to force dislocations to be stored in the grain interior. Zhao et al used an Al7075 alloy to prove this approach [74]. The Al alloy was first solution treated to dissolve all alloy elements into the Al and then quenched to form oversaturated solution. As shown in Fig. 7, the oversaturated solid solution with coarse grains (CG) has a low yield strength of 145 MPa and ductility (uniform elongation) over 30 % (green CG curve). The sample was then deformed by cryogenic rolling to produce a nanostructure with sub-grain sizes about 100 nm, which raised the strength to 550 MPa but lowered its ductility to ~ 3.3 %, a typical strength-ductility tradeoff. Aging the cryo-deformed nanostructured sample to produce high density of precipitates in the grain interior improved the ductility by 1.25 times to 7.4 %. Most significantly, its strength was increased by 12 % to 615 MPa, which breaks the spell of the strength-ductility trade-off. TEM investigation revealed that dislocations accumulated around the precipitates, which verifies that the approach worked very well.

The boundaries of nano twins in nanostructured metals can effectively act as barriers and accumulation sites for gliding dislocations, and consequently improve both the strength and ductility [57,62]. Coherent twin boundaries can be regarded as special grain boundaries with low boundary energies [69]. As dislocation barriers, twin boundaries have the same effect as grain boundaries in increasing the strength [66,128]. The advantage of twin boundaries over grain boundaries is the perfect coherency of the twin boundaries, (see Fig. 8) which makes it difficult for incoming dislocations to be incorporated into the twin boundaries [156]. In other words, twin boundaries are not as good dislocation sinks as grain boundaries. This makes the twin boundaries effective sites for dislocation accumulations, which improves strain hardening rate to produce high ductility. The simultaneous increases in strength and ductility by preexisting deformation twins are demonstrated in Fig. 9 [157].

Twin boundaries can be formed either by growth during the synthesis of nanocrystalline metals [25,129,158] or by plastic deformation of metals and alloys [62,122,139,145,156,159]. Both types of twins were found to be able to simultaneously increase strength and ductility [57,62,66,128,152,160]. It should be noted that detwinning could be activated during plastic deformation, and there is an optimum grain size range for the twinning structure to be stable for enhancing the mechanical properties of nanostructured metals [62,142,161]. In addition, since deformation twinning is significantly affected by stacking fault energy (SFE), the SFE also has effect on the strength and ductility [160,162,163]. Particularly, if the SFE is low enough, deformation twins could be activated in-situ during the tensile testing to increase the strain hardening and ductility [160].

Other strategies for increasing ductility without sacrificing strength of nanostructured materials include high-angle boundaries and low initial dislocation density [164,165], formation of stacking faults [166,167], hierarchical clustering of solute atoms [168], bimodal grain size distribution [49,169], etc. Interested readers are referred to a recent overview [57].

3.3. Plasticity of nanostructured metals

Nanostructured metals generally have very high plasticity, as exemplified in Fig. 6a. However, their ductility is usually low, as shown in Fig. 6b. Ductility can be regarded as tensile plasticity, i.e., the ability to deform under uniaxial tensile loading. It is often confused with plasticity in the materials community.

Nanostructured metals can be plastically deformed to very high plastic strains under some deformation modes other than tension, such as compression and rolling [57,147,170]. Plasticity is largely controlled by the number of slip systems that can be easily activated. As a result, hcp metals typically have low plasticity because they don't have the five independent slip systems required by the von Mises criterion [73]. In such cases, nanostructured metals have better plasticity than their coarse-grained counterparts because grain boundary processes such as grain boundary sliding offer additional deformation mechanisms to coordinate the plastic strain. For example, Mg alloys have been found to have improved plasticity after their grains are refined by severe plastic deformation [171–176].

It should be noted that the lack of strain hardening in nanostructured materials makes it susceptible to localized deformation such as shear banding. Shear banding can also occur in deformation modes other than tension. For example, nanostructured bcc metals have been reported to develop shear bands under compression [177–180].



Fig. 8. High-resolution TEM image of a coherent twin boundary.



Fig. 9. (a) Deformation twins in Cu formed by ECAP + extrusion + cryogenic rolling (ECAP + E + R); (b) The sample with deformation twins has much higher ductility and also higher strength than the sample without deformation twins processed by ECAP [157].

4. Fundamentals of heterostructured materials

4.1. Classifications of heterostructured materials

Heterostructured (HS) materials can be classified into two different categories: structural and functional. Heterostructured



Fig. 10. A heterostructure with a soft coarse-grained layer sandwiched between two hard nanostructured layers. The soft and hard layers have the same elastic modulus. (a) All layers are elastic (elastic-elastic stage); (b) The central soft layer is deformed plastically while the hard layers are deforming elastically (elastic-plastic stage); (c) All layers are being deformed plastically (plastic-plastic stage); (d) Height contour on the side surface, perpendicular to the \times axis, in the gauge section of a gradient structured IF steel sample at the tensile strain of 25 % [23]. (e) Measured height profiles along the white line in (d) in the gradient structured sample (red data points). The height profile of a standalone homogeneous coarse-grained (CG) sample after tensile testing to a strain of 0.3 is shown as blue data points for comparison.

structural materials contain zones with dramatic differences in mechanical properties, while heterogeneous functional materials contain zones with dramatic differences in physical properties. Conventional materials may also contain heterogeneous microstructures to some extent, such as a distribution of grain sizes, multiple phases, precipitates, second-phase particles, etc. A critical criterion to differentiate HS materials from conventional materials is that HS materials have a significant synergistic effect, i.e., the mechanical or physical properties of the HS materials are much higher than those predicted by the rule of mixture of the properties of individual zone components. Since so far most reports in the literature have been on HS structural materials, hereafter we simply referred to HS structural materials as heterostructured materials. Heterostructured functional materials will be briefly discussed in a section later.

HS materials possess superior combinations of strength and ductility that are not accessible to their homogeneous counterparts [1,181,182]. The heterostructures can be very diverse, including, but not limited to, heterogeneous lamella structure [2], bi-modal structure [49,164,183,184], gradient structure [6,23,24,185–187], dual phase structure [188–190], harmonic structure [33–35], layered structure [27,29], metal matrix composites [47,48,52,191–194], etc. For the first look, it is very hard to relate these structures with each other because they are so different. However, they are all composed of zones with dramatically different flow stresses [1]. It is this common feature of these heterostructures that renders HS materials superior mechanical properties. These heterostructures have different effectiveness in enhancing mechanical properties. Only after we fully understand the fundamental deformation physics of HS materials can we intelligently design them for the best performance. In this chapter, fundamentals of HS materials will be discussed, and future issues to be investigated will be briefly described.

4.2. Mechanical incompatibility and strain partitioning

Heterostructured (HS) materials are composed of zones with dramatically different flow stresses. These zones are mechanically incompatible at the elastic–plastic deformation stage and plastic deformation stage. The mechanical incompatibility leads to strain partitioning during deformation, where the softer zones sustain higher plastic strain [1,2,37,195]. If there is an elastic modulus difference among different zones, which may happen in multi-phase alloys, there may be also an elastic strain incompatibility at the elastic strage. The elastic incompatibility will not be discussed in this paper since it does not have a significant effect on the strength and ductility of HS metals.

For an easy description of the mechanical incompatibility during plastic deformation of heterostructured materials, let's look at a heterostructure with a soft coarse-grained layer sandwiched between two hard nanostructured layers, as shown in Fig. 10a. This is one of the simplest heterostructures, which can be used to clearly describe the fundamental concepts of mechanical incompatibility.

Assuming that the hard and soft layers have the same elastic modulus, when a tensile strain ε_z is applied in the z direction, the soft and hard layers will deform together compatibly in the initial elastic stage. The sample will contract in the lateral X direction and thickness y direction, as governed by the Poisson ratio ν , i.e.

$$\varepsilon_x = \varepsilon_y = -\nu \varepsilon_z$$

where the values of ν scatter around 0.33 in the range of 0.27–0.44 for most metals [196,197].

With increasing applied strain and corresponding higher stress, the elastic–plastic stage will be reached in which the soft layer will start plastic deformation first while the hard layers remain elastic (see Fig. 10b). For the plastically deforming soft layer, its volume should remain constant during perfect plastic deformation, which leads to an apparent Poisson ratio of $\nu = 0.5$, which is larger than the normal elastic Poisson ratio. In other words, the soft layer will shrink faster than the hard layer in the lateral directions. This will lead to the development of tensile stress in the soft layer and compressive stress in the hard layer, as shown in Fig. 10b. Therefore, the mechanical incompatibility in this layered structure converted the uniaxial tensile stress into complex two-dimensional (2D) stresses.

When the hard nanostructured layers start plastic deformation, the plastic-plastic stage is reached (Fig. 10c). It is known that nanostructured metals have low strain hardening rate and typically start localized deformation and necking soon after yielding [6,17,56,57,75,100,151,198]. On the other hand, the coarse-grained soft layer will have high strain hardening capability to support the unstable hard layers. This sustains the whole sample to deform stably to a relatively high applied strain [6,23]. In other words, at the plastic-plastic stage before the whole sample starts necking, the nanostructured hard layer will shrink faster laterally than the coarse-grained soft layer. Therefore, the normal stresses in the x-direction will be reversed, producing tensile (positive) stress σ_x in the hard layers, and compressive (negative) stress σ_x in the soft layer, as shown in Fig. 10c. The faster shrinking of the nanostructured outer layers were indeed observed in gradient structured interstitial free (IF) steel (Fig. 10d,e). As a comparison, a homogeneous coarse-grained sample did not show obvious faster shrinking in its surface layers during the tensile testing [23].

As discussed in the above model system, the difference in mechanical strength and deformation behaviour converts the applied uniaxial tensile stress into complex, mutually constraining 2D stresses in the soft and hard layers. In addition, although the strains in the loading (z) direction ε_z are uniform and same for all layers, the lateral strains ε_x and ε_y are different in the hard and soft layers, i.e., strain partitioning occurs in the sample due to the mechanical incompatibility. The 2D stresses are caused by the strain partitioning. The model in Fig. 10 is a simplest 2D model. In a real HS material, the heterogeneity is likely-three dimensional (3D), in which the strain partitioning and corresponding internal stress partitioning will be also 3D. Strain partitioning and stress partitioning have been extensively reported in dual-phase steels [190,195,199–201]. However, the mechanism for the stress partitioning needs further study.

The change in stress state may activate multiple slip systems on different slip planes. Dislocations gliding on intersecting slip planes may intersect each other, which produces immobile jogs, or Lomer-Cottrell locks [170], leading to dislocation entanglement and consequent dislocation accumulation to increase strain hardening [23].

As discussed in the following sections, the strain partitioning causes back stress hardening in the soft zones and forward stresses in

the hard zones, and together they produce hetero-deformation induced (HDI) hardening.

4.3. Hetero-deformation induced (HDI) strengthening and strain hardening

The primary reason for the observed superior combination of strength and ductility in heterostructured (HS) materials is HDI strengthening and HDI strain hardening [181]. Earlier publications attributed the superior mechanical properties to back stress hardening [1,19,27,37,46,202–208], where back stress is measured from mechanical testing [19,202]. However, it was recently realized that the back-stress concept cannot describe the complete physics that occurs during mechanical testing [181]. Specifically, both back stress and forward stress are developed in the HS materials during the mechanical testing, and the mechanical behaviour is affected by both of them and their interactions. Since both back stress and forward stress are caused by the heterogeneous deformation, the extra strengthening and strain hardening observed and measured in the HS materials were renamed hetero-deformation induced (HDI) strengthening and HDI strain hardening, respectively [181]. The HDI strengthening enhances the yield strength, while the HDI strain hardening helps to retain and improve the ductility.

It should be noted that the HDI strain hardening is also called kinematic hardening in the field of mechanics [203,209–212]. The term "kinematic hardening" describes the kinematic hardening phenomenon during mechanical testing, which is useful for describing the constitutive mechanical behaviour. Here we use the term "HDI hardening" to describe the physical origin of the kinematic behaviour, which is useful in understanding mechanisms to guide materials design for superior mechanical properties. In other words, the terms "HDI strengthening and HDI strain hardening" are more appropriate and useful for the materials community and field.

The HDI strengthening and HDI hardening are the collective result of interactions between back stress and forward stress [181]. The development of back stress and forward stress can be understood with the help of Fig. 11. As shown, geometrically necessary dislocations (GNDs) are emitted from a Frank-Read (F-R) dislocation source in the soft zone. Assuming the Frank-Read source can be activated at a critical shear stress of τ_0 , at applied shear stress τ_a ($\tau_a > \tau_0$) there are *n* number of GNDs emitted, which are piled up against the zone boundary. Since these GNDs have the same Burgers vector, they collectively produce a long-range internal stress that prevents more dislocations to be emitted from the Frank-Read source. This is because this long-range internal stress is opposite to the applied shear stress for dislocation emission. This long-range internal stress may also expel other dislocations whose Burgers vectors have an angle <90° angle with the Burgers vector of the GNDs. Since this long-range internal stress is opposite to the applied shear stress is needed to overcome the back stress and the *back stress* (τ_b). For this Frank-Read source to emit more dislocations from the Frank-Read source is.

 $au_a = au_0 + au_b$

where τ_0 is the critical stress to activate the Frank-Read source, and τ_b is the back stress. In other words, the back stress makes the soft zone appear stronger.

There is a stress concentration at the pile-up head, with a magnitude of $n\tau_a$ [73,213,214], where *n* is the number of dislocations in the pile-up. The stress concentration is applied on the zone boundary from the soft zone side. On the hard zone side, there must be a stress to balance it. This stress in the hard zone side should promote the deformation of the hard zone. In other words, the stress on the hard zone side has the same effect as the applied stress in driving dislocation slip. Therefore, the stress in the hard zone induced by the GND pile up in the soft zone is named the *forward stress* [181]. At the zone boundary, the back stress and forward stress are the same in their magnitude but opposite in their directions.

The interaction between the back stress and forward stress is not a zero-sum game. At the zone boundary, they cancel each other



Fig. 11. Schematic of the pile up of geometrically necessary dislocations, which produces back stress in the soft zone and forward stress in the hard zone [181]. The back stress and forward stress are in the same magnitude at the zone boundary but in opposite directions. The back stress is in the opposite direction of the applied stress. The back stress and forward stress collectively produce the hetero-deformation induced (HDI) stress.

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because they have the same magnitude but opposite directions. However, they have different profiles as a function of distance away from the zone boundary. This difference gives rise to the observed HDI strengthening and HDI strain hardening.

It should be noted that zone boundary also serves as a segment of grain boundary for grains adjacent to the zone boundary. Other grain boundaries in the interior of a soft zone may also serve as a location for GNDs to pile up, which also produce HDI strengthening and HDI strain hardening. This is a phenomenon that often occurs in conventional homogenous metals and alloys. However, such HDI hardening is usually not very strong, because the strength difference across such grain boundaries is much smaller than that across a zone boundary. The Bauschinger effect observed in conventional metals is mostly produced by this effect [215–218].

Furthermore, in the soft zones, subgrain dislocation cells (subgrains) may also develop during plastic deformation. Long-range back stress may develop inside the dislocation cells and forward stress may develop in the cell walls, which produce HDI strain hardening. However, such dislocation cell walls are less effective in producing the HDI strain hardening than grain boundaries because the crystal misorientations across cell walls are very low, which makes them less effective in blocking GNDs. This subject has been treated extensively by Mughrabi [219–222].

It should be noted that the GND pile-up model in Fig. 11 is an ideal case, which may be frequently observed in fcc metals with low stacking fault energies (SFEs) [15,16] or in hcp metals [2]. In fcc metals with medium to high stacking fault energy, non-planar slip may become the primary slip mode. Due to the easy cross-slip of GNDs, it may be hard for GNDs to pile up. Instead, the GNDs may be accumulated near the zone boundaries, which still produces back stress and HDI stress, but is less effective than the ideal case shown in Fig. 11. This issue is further discussed in Section 4.5.

4.4. Measurement of hetero-deformation induced (HDI) stress

As discussed earlier, the HDI stress was misunderstood as the back stress in earlier literature [2,19,181,202]. However, the equations used to calculate the back stress during tensile tests are still valid for calculating HDI stresses. The enhanced yield strength due to the HDI stress can be considered as HDI, while the increase of HDI stress with increasing plastic strain, i.e. the slope of HDI stress as a function of applied strain, can be considered as HDI hardening.

Feaugas [202] presented an equation to calculate the HDI stress from an unloading stress-strain curve:

$$\sigma_h = \frac{\sigma_{u0} + \sigma_u}{2} - \frac{\sigma^*}{2} \tag{9}$$

where σ_{u0} is the initial flow stress at the unloading strain of ε_u (see Fig. 12a), σ_u is the stress at which the unloading stress–strain curve deviates from the linear relationship by an arbitrary plastic strain offset in the range of 5×10^{-6} to 10^{-3} [202,203,223–226], σ^* is the thermal component of the flow stress as defined in Fig. 12a [202,227], which is also called the viscous stress [203].

The advantage of Eq. (9) is that the HDI stress can be calculated from the simple unloading curve, in which the point A is where the unloading started, the segment BC is the linear segment with a slope (modulus) of E_u . However, in practice, the segment BC may not be perfectly linear, leading to relatively large error in determining the points B and C. As mentioned earlier, the plastic strain offset value for determining the point C is also somewhat arbitrary from 5×10^{-6} to 10^{-3} . Due to the very small change in strain during the unloading experiment, a slight change or inaccuracy in the offset strain will lead to a dramatic change in the σ_u value determined on the unloading curve. These uncertainties lead to large uncertainty in the values of σ_u and σ^* , and consequently large scatter in the



Fig. 12. (a) The unloading curve starting at point A, the viscous flow segment AB, the linear segment BC and the micro-plastic segment CD. The point C is considered the unloading yield point, where micro-plastic strain is started. (b) The complete unloading and reloading curve. The reloading curve DEF consists of the elastic segment EF, where F is the reloading yield point [19].

measured value of the HDI stress σ_h . Another issue about Eq. (9) is that it is a proposed equation, instead of mathematically derived based on some physical assumptions.

To overcome the deficiencies of above methodology in measuring the HDI stress, we have derived a new equation and procedure to measure the HDI stress [19]:

$$\sigma_h = \frac{\sigma_r + \sigma_u}{2} \tag{10}$$

where σ_r and σ_u are defined in Fig. 12b. σ_r is the reloading yield stress. This equation is derived basing on the assumption that the GND pile-up structure is reversible during the unloading–reloading process, which keeps the HDI stress approximately constant during the process. This assumption is consistent with earlier work in the literature [227].

A new procedure to determine the σ_r and σ_u was proposed to reduce the error in calculating the HDI stress. Instead of using the plastic strain offset to determine the σ_r and σ_u values on the unloading–reloading curves, we proposed to use the slope reduction from the linear elastic segments as the criterion to determine them. The physical meaning of this criterion is very clear. For example, a 10 % slope reduction can be regarded as 10 % of the volume undergoing perfect plastic deformation, i.e., 10 % of the volume does not contribute any elastic deformation to the stress–strain curve. Another advantage is that the slope, as derivative of the stress strain curve, is a much more sensitive parameter than strain, which makes it easier to accurately determine the σ_r and σ_u values.

The biggest advantage of the current equation and procedure is that the calculated HDI stress values are very stable with low scattering, as demonstrated in Fig. 13 for gradient structured IF steel [19]. As shown, the HDI stresses determined using 5 %, 10 % and 15 % slope reductions do not scatter very much. This is because the values of σ_r and σ_u deviate in the opposite direction with varying slope reduction, and some of their deviations cancel each other in the Eq. (10). Therefore, this methodology to calculate the HDI stress yields relatively stable HDI stress values for comparisons of data from different experiments.

As discussed earlier, in some cases it might not be easy to determine the slope (apparent Young's modulus) of the linear segments in the unloading–reloading stress–strain curves, because such a linear segment may be very short or even hard to find. In such cases, we suggest to use the slope of the initial elastic loading curve before yielding as the basis for the determination of the σ_r and σ_u values.

It should be noted that the Eq. (10) for calculating the HDI stress was derived under the assumption that the GND structure is reversible during the unloading–reloading cycle. However, when the HDI stress is very high, unloading to zero load and reloading again may not satisfy this condition. One consequence of this issue is that the determined σ_r value may be lower than the σ_u value, which does not make physical sense. In such cases, the unloading process should be stopped and reloading started above a certain stress level to satisfy the assumption for Eq. (10). This issue needs to be further studied.

4.5. Density gradient and configuration of geometrically necessary dislocations

As illustrated in the dislocation pile-up model in Fig. 11, more geometrically necessary dislocations (GNDs) are supposed to be located nearer the zone boundaries. In other words, there is a GND density gradient near the zone boundaries. The GNDs are known to change orientation of the lattice [27,73,214], causing the bending of lattice. Therefore, by measuring the lattice bending as a function of distance from the zone boundary, the GND density as a function of distance from the zone boundary can be calculated.

Electron backscatter Diffraction (EBSD) is a powerful method to measure lattice orientation, and has been used to measure the GND density near zone boundaries in a Cu-bronze layered structure [27]. In this work [27], a kernel average misorientation (KAM) method was used to determine the local misorientation from the EBSD orientation data [228]. The GND density information was calculated using the strain gradient theory by Gao and Kubin [21,229]:



Fig. 13. Evolution of hetero-deformation induced (HDI) stress with increasing tensile strain ε_u for gradient structured (GS) IF steel. $\sigma_{h,x\%}$ represents HDI stress calculated using x% slope reduction from the slope of the linear segment.

(11)

$$\rho^{GND} = \frac{2\theta}{ub}$$

where ρ^{GND} is the GND density at points of interest, θ is the local misorientation measured using EBSD, *b* is the Burgers vector and *u* is the unit length of the point.

As shown in Fig. 14a, when a copper-bronze layered sample was tested under tension [27], gradient in GND density was built in the Cu layer near the Cu-bronze interfaces (see the red data points at 3 % applied strain and blue data points at 18 % strain). In addition, the GND density gradient increased with increasing applied strain, which explains the increasing HDI stress with applied strain (Fig. 14b). In other words, the GNDs continued to accumulate near the zone boundaries with increasing applied strain, which led to additional HDI hardening. This is consistent with the hypothesis in Fig. 11 that a GND gradient exists in front of the heterogeneous zone boundaries.

It should be noted that the KAM-based approach used in Fig. 14 only produces a scalar value and thus cannot reveal the tensor nature of GNDs. From this point of view, the KAM-based method is not appropriate. Tensor-based approaches have been proposed [230,231] and compared to the KAM approach using the sum of 9 tensor entries as the total dislocation density [228]. The two methods yield very consistent results in terms of qualitatively demonstrating the GND density distribution. The qualitative consistency is not surprising because both methods consider the lattice curvature (orientation change) in a plastically deformed crystal as a measure of stored dislocations, which physically makes sense [232]. Therefore, the KAM-based method still serves as a valid although imperfect method to measure GND density. On the other hand, the tensor approach also needs further development and refinement.

By definition, GNDs collectively produce orientation change of crystal lattice. However, depending on how the GNDs are assembled, GNDs may or may not produce long-range back stress [181]. Shown in Fig. 15a is the Type I assembly of GNDs in which all GNDs are piled up on a single slip plane. This scenario can happen when dislocations emitted from a Frank-Read dislocation source are stopped by a barrier such as HS zone boundary or grain boundary. Since these GNDs have the same Burgers vector, they will repel each other. In addition, their stress fields will be superimposed together to produce a long-range internal stress to repel other GNDs on the same slip plane, or other dislocations whose Burgers vector is at an obtuse angle (>90°) with the Burgers vector of these GNDs. This long-range internal stress is called back stress, which will cause forward stress on the other side of the boundary and consequently HDI hardening, as discussed earlier. The slip plane will be also distorted (bent) due to the fact that all of the half planes of the GNDs are on one side of the slip plane.

The second type (Type II) GND assembly is shown in Fig. 15b, in which the GNDs stack up on top of each other. This is a textbook illustration of a low-angle grain boundary, across which there is a misorientation of $\theta = b/h$, where b is the magnitude of the Burgers vector and h is spacing of the dislocations. As shown, as an edge dislocation stacks on top of another edge dislocation, the tensile stress field of the top dislocation overlaps with the compressive strain field of the bottom dislocation. Therefore, there will be no long-range internal stress generated away from the small angle grain boundary. In other words, the Type II GND assembly does not produce back stress or HDI stress.

The third type of the GND assembly is the mixed type in which the GNDs are not piled up on the same slip plane, as shown in Fig. 15c. This will still produce long-range back stress, but it is not as effective as the Type I GND assembly. As discussed in Section 4.3, for fcc metals with low to medium to high SFE, dislocations may not slip in a planar manner, and cross-slipping may occur to destroy the perfect GND pile-up, which leads to the scenario as shown in Fig. 15c. Another mechanism that may produce the scenario as shown in Fig. 15c is the interactions of GNDs with other dislocations from other slip-planes to form dislocation entanglements or a dislocation cell structure near the zone boundaries. It was also reported in gradient nanotwinned Cu that when the twin thickness is in the nanoscale (<100 nm), the conventional GND pile as shown in Fig. 11 becomes impossible, and the GND structure may become more complex [233,234].



Fig. 14. (a) Density of geometrically necessary dislocations (GNDs) in copper near the copper-bronze interfaces as measured using EBSD, and (b) Hetero-deformation induced hardening with applied strain, in a copper-bronze layered processed by accumulative roll bonding followed by annealing.



Fig. 15. Assemblies of geometrically necessary dislocations (GNDs) [181]. (a) Type I assembly: piling up of GNDs on a slip plane in front of a boundary or barrier. (b) Type II assembly: stacking up of GNDs on multiple slip planes. (c) Mixed Type: a mixture of type I and Type II assemblies.

Another type of dislocation assembly is the random distribution in the spacing and Burgers vectors of dislocations as in the case of dislocation entanglement (see Fig. 16). Such dislocations are collectively called statistically stored dislocations [20,21]. Stress exists in short ranges near individual dislocations, but in the long-range, the stress fields collectively cancel out. Such type of the dislocation assembly provides conventional dislocation hardening by making it hard for other gliding dislocations to move through them, as described by Eq. (3).

4.6. Strain gradient and dislocation mechanism

4.6.1. Strain partitioning in heterostructured materials

It is well known that there is strain partitioning in dual-phase steels [2,37,188,190,195,199–201,235,236], which are a type of HS materials [1]. The strain partitioning is also well demonstrated in an HS Ti sample processed by asymmetric cold rolling and partial recrystallization [2]. As shown in Fig. 17a, before tensile testing, the recrystallized large grains are equiaxed before deformation. The black matrix are grains smaller than 1 μ m, most of which are un-recrystallized. After 9.5 % tensile strain, the equiaxed large grains became elongated in the tensile strain direction (Fig. 17b). The strain in these large grains can be estimated according to the ratio of their length to width, which has an average value of 45 %. This means that the small grains in the black matrix are deformed to strains much lower than the average 9.5 %. However, at the zone and grain boundaries between the large grains and the small grains the strain needs to be the same to prevent boundary cracking. Therefore, there must be strain gradients near the zone boundaries to accommodate the large strain differences between different zones.

4.6.2. Pile-up of GNDs and strain gradient

It has been theorized that geometrically necessary dislocations (GNDs) are needed to accommodate the strain gradient near the zone/grain boundaries [21,232]. This can be explained with the schematics in Fig. 18 [1]. As shown in Fig. 18A, there is a boundary between a fine-grained hard zone and large-grained soft zone. A Frank-Read source at point X emits dislocations with the same Burgers vector toward the zone boundary. These dislocations are GNDs and are piled up in front of the zone boundary. Their stress fields superimpose on top of each other to create a long-range internal stress, which is called back stress in soft zone to impede further dislocation emission from the dislocation source. Since plastic strain is produced by the slip of dislocations, the plastic strain at the zone interface is zero because no dislocation has reached it, while the plastic strain is highest at the dislocation source. Collectively, these



Fig. 16. Statistically stored dislocations with no long-range internal stress.



Fig. 17. (a) EBSD images of recrystallized grains>1 μ m in heterostructured Ti processed by asymmetric cold rolling and partial recrystallization [2]. The black matrix is areas where grains are mostly not recrystallized. The recrystallized grains are equiaxed before tensile testing. (b) Elongated recrystallized grains after tensile testing to 9.5 % true strain.



Fig. 18. A) Schematics of pile-ups of geometrically necessary dislocations (GNDs) in front of a zone interface [1]. The GNDs are emitted from Frank-Read sources in the interior of coarse grains of the soft zone. B) Plastic strain profile in front of the zone interface. C) Strain gradient profile in front of the zone interface.

GNDs produce a strain profile near the zone boundary, as schematically illustrated in Fig. 18B. The derivative of the strain profile, $d\epsilon/dx$, where \times is the distance from the zone boundary, is the strain gradient (Fig. 18C). As shown, $d\epsilon/dx$ is positive (>0). Therefore, we designate such a strain gradient as the *positive strain gradient*.

4.6.3. Strain gradient measurement near zone boundary

To verify the hypothesis of strain gradient described in Fig. 18c, a high-resolution digital correlation technique was developed using semi-in-situ scanning electron microscopy [13]. A Cu-bronze layer-structured sample (Fig. 19a) was fabricated by accumulative roll bonding followed by appropriate annealing to recrystallize the deformed structure, which resulted in alternative coarse-grained Cu layers and ultrafine-grained bronze layers due to the difference in their thermal stability. The soft Cu layers and hard bronze layers had over 100 % difference in hardness, as shown in Fig. 19b. Strain gradient was found near the zone (layer) boundaries as shown in Fig. 19c. As shown, there are high strain (ε_{xx}) peaks at the zone boundaries that become higher with increasing applied strain. ε_{xx} is the strain in the sample thickness (lateral) direction, which is perpendicular to zone interfaces. There is theoretically no inter-layer mutual constraint in this direction so that the strain gradient could be clearly measured. The strain in the lateral direction (y direction). This is



Fig. 19. (a) Cu-bronze layer-structured sample processed by ARB + annealing. (b) The microhardness difference in the Cu and bronze layers. (c) The evolution of strain across and two zone (layer) interfaces with increasing tensile applied strain, which is in the y direction. ε_{xx} is the lateral strain in the sample thickness direction, and the ε_{yy} is the longitudinal strain in the sample length (tensile) direction. (d) The strain profile across a zone interface, which is fitted with a smooth peak to calculate peak height H as well as its width w at half height. The latter is also called interface affected zone (IAZ) [13], later renamed the hetero boundary affected region (HBAR) [397]. (e) The evolutions of peak height H and width w at half height with increasing applied strain.

because a uniform external tensile strain is applied to all layers in the y direction for the layer-structured sample.

An ε_{xx} strain peak is fitted with a smooth curve in Fig. 19d with a peak height H. The peak width at half height maximum is designated as w, which was regarded as the width of the hetero boundary affected region (HBAR). As shown in Fig. 19e, the HBAR width w remains constant with increasing applied tensile strain, while the peak height increases with the applied strain, indicating that the strain gradient increased with applied strain in the HBAR.

From Fig. 19e, the maximum strain occurs at the peak maximum. Since ε_{xx} strain is negative, the more negative the value, the



Fig. 20. TEM images of a Frank-Read sources in a Cu grain emitting dislocations toward the zone boundary. (a) A Frank-Read source produced five dislocation pile-ups against the interface, (b) The deactivation of the dislocation source.

higher the strain. This observation is clearly opposite to the scenario depicted in Fig. 18, where the plastic strain is zero at the zone interface, and increases with the distance from interface. In other words, there is a negative strain gradient near the interface, which cannot be explained by the conventional GND pile-up model based on Frank-Read dislocation sources. From conventional textbook understanding, the plastic strain should be higher at locations closer to the dislocation sources. Therefore, the results in Fig. 19 point to the interface as the dislocation sources, which is consistent with some early minority opinions that the dislocations are primarily from the ledges on the grain boundaries instead of Frank-Read sources in the grain interior [237,238]. Grain boundaries indeed become the primary dislocation sources in the nanocrystalline metals [62,125,126,239]. However, for coarse-grained metals, this needs further experimental study.

4.6.4. Dynamic Frank-Read source produces negative strain gradient

To probe the real mechanism for the unexpected observation of negative strain gradient in Fig. 19d, in-situ TEM observation under tension was performed on a Cu-bronze sample near the zone interface. Frank-Read dislocation sources were indeed observed in a Cu grain adjacent to the zone boundary (Fig. 20). Although dislocation emissions from the zone boundary were also observed in-situ, the overwhelming majority of dislocations were observed emitted from Frank-Read sources in the Cu grain interior. This observation proves false the longstanding minority argument that there are rarely Frank-Read dislocation sources in grain interior and the dislocations are mostly emitted from grain boundary ledges in coarse-grained metals [237,238].

In our conventional knowledge from the textbook, it is assumed that once a Frank-Read source is formed, it will continue to emit dislocations during the deformation. In fact, this assumption is what is based on in the discussion of Fig. 17, which reaches the conclusion of positive strain gradient. The observation of negative strain gradient in the *in-situ* TEM experiment clearly demonstrates the problem of the conventional static Frank-Read dislocation source concept.

A major discovery of this *in-situ* observation is that the Frank-Read dislocation sources were dynamically formed and deactivated over the entire deformation process. The observation of the dynamic Frank-Read source changes our understanding on how the Frank-Read sources work to supply dislocations needed for continuous plastic deformation. It has profound implications on several well-known and accepted theories/hypothesis, as discussed below.

i) The negative strain gradient near the zone boundary was formed by the density-gradient of dynamic Frank-Read sources. It was observed in the *in-situ* TEM experiment that Frank-Read sources were dynamically formed, and then deactivated after emitting some GNDs toward the zone boundary. The closer it is to the zone boundary, the more likely a Frank-Read Source is formed, thus producing a Frank-Read source density gradient near the zone boundary, which produces the negative strain gradient, although each Frank-Read source alone may produce a positive strain gradient. It is also observed that most GNDs produced by the Frank-Read sources glided to and were absorbed by the zone boundary, which did not contribute to any individual strain gradient.



Fig. 21. Schematics of the dynamic generation and deactivation of Frank-Read dislocation sources [240]. (a) a sessile jog is produced on dislocation 1 due to the intersection with dislocation 2, (b) Two sessile jogs are produced to form a potential Frank-Read source, (c) the Frank-Read source is activated when the resolved applied stress reaches or surpasses the critical stress, (d) the Frank-Read source is deactivated when the third sessile jog makes the dislocation segments so short that the applied stress is no longer high enough to bow them out.

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ii) There is no correlation between the plastic strain gradient and the GND pileup and accumulation near the zone boundaries. In a gradient plasticity theory by Gao *et al*, it was assumed that the strain gradient and the GND density near a zone/grain boundary can be quantitatively corelated [21,232]. This concept has been widely accepted by the scientific community [13]. This assumption was also based on the static Frank-Read source model described in Fig. 18. The *in-situ* TEM observation of GNDs disappearing into the zone boundaries indicates that the strain gradient cannot be related with the GND density near the zone boundary. This provides solid experimental support for revising and further developing the gradient plasticity theory.

4.6.5. Formation and deactivation mechanism of dynamic Frank-Read sources

The dynamic formation and deactivation of Frank-Read dislocation sources can be described with the help of Fig. 21. As shown in Fig. 21a, dislocation 2 is gliding on a ($\overline{111}$) plane in a face-centered cubic metal and intersects dislocation 1 gliding on a ($\overline{111}$) plane, which produces a sessile jog on dislocation 1. If another sessile jog is produced on the dislocation 1 as shown in Fig. 21b, two points on the dislocation 1 will be pinned down and a potential Frank-Read source is formed. It will be activated when the applied stress reaches or surpasses the critical stress [214], see Fig. 21c,

$$\tau_c = \frac{2Gb}{l} \tag{12}$$

where G is the shear modulus, b is the Burgers vector magnitude and *l* is the distance between two pinning points. Considering that fcc metals have four intersecting slip planes, it logically has a high probability that a dislocation will be intersected by another dislocation gliding on different slip plane. Therefore, the probabilities for formation of potential Frank-Read sources and their activations are relatively high during the plastic deformation, as indicated by the observation of their dynamic formations under the in-situ TEM [240].

When another jog is produced between the first two jogs on the dislocation 1 as shown in Fig. 21d, two shorter segments will be produced, and the critical stress for operating these two shorter segments will be higher according to Eq. (12). If the applied resolved stress is lower than the critical stress for both shorter segments, this Frank-Read source will be deactivated, as frequently observed in the in-situ TEM experiment. This is not surprising considering the high probability of dislocations intersecting each other.

The dynamic formation and deactivation of Frank-Read sources are caused by the intersecting dislocations during the plastic deformation. Considering the high probability of dislocations intersecting each other, especially in fcc and bcc metals, the dynamic nature of the Frank-Read sources should be a common phenomenon. This has not been reported earlier because it can only be observed by *in-situ* TEM experiments. Most earlier TEM studies on dislocation are post-mortem, which is not capable of revealing this dynamic nature of Frank-Read sources.

4.7. HDI hardening vs strain gradient

As discussed earlier, the hetero-deformation induced (HDI) stress is caused by the interaction between the back-stress and forward stress [181]. The back stress is caused by the piling up of geometrically necessary dislocations (GNDs), and the forward stress is caused by the stress concentrations at the pileup head of the GNDs. Therefore, it can be deduced that the HDI stress is directly related to the pileups and accumulations of GNDs and GND density. Since the GND density cannot be quantitatively corelated with the strain gradient, as discussed in the last section, it can be reasonably hypothesized that the HDI hardening cannot be quantitatively corelated with the strain gradient near the zone boundaries.

To verify the above hypothesis, the evolution of strain gradient near the zone interfaces in a Cu-bronze layer-structured sample was measured using high-resolution DIC with increasing applied tensile strain, which is compared with the evolution of HDI stress [241].



Fig. 22. Strain gradient vs HDI stress in a copper-bronze layer-structured sample with increasing applied true strain [241]. (a) DIC image and the strain profile across two zone boundaries, (b) the HDI stress in the hetero boundary affected region (HBAR) (red curve), and the mean strain gradient $|d\epsilon_x/dx|$ in the HBAR (green curve).

As shown in Fig. 22a, hetero boundary affected regions (HBARs) were formed near two zone interfaces. Fig. 22b shows that the HDI stress in the HBAR, $\sigma_{\text{HDI,HBAR}}$ initially increased rapidly and changed to slower increase after a certain strain. This change occurred at the yield point on the stress–strain curve [241]. From these observations, it appears that the HDI hardening was proportional to the strain gradient before yielding, but changed to slower increase after yielding because the GNDs density in the HBAR no longer increases proportionally with the strain gradient. This is due to the fact that some of the GNDs will be absorbed by the zone boundaries as observed by the in-situ TEM experiment [240].

4.8. Strain banding and localization

Experimental evidence reported so far indicate that heterostructures promote the formation of local strain bands [13,17,198,242,243]. The earliest observation of strain banding was made on a copper-bronze layer-structured sample [13]. As shown in Fig. 23, the deformation strain is not uniform across the zone boundaries in the layer. Instead, local strain bands were developed from two directions that are about 45° from the vertical loading direction, i.e., the maximum shear stress direction, suggesting that they were driven by applied shear stress. Note that these strain bands have higher strain intensity near the zone boundaries, which produces the observed negative strain gradient. It is believed that the strain in the bands is dominated by shear strain, but this needs experimental verification. One obvious feature of these bands is that they are dispersed through the entire sample.

The dispersive strain bands were also observed on the surface of a gradient structured Ni sample [242]. The sample was processed by rotationally accelerated shot peening (RASP) with 2 mm steel balls [244], which produced two nanostructured surface layers with an average grain size of 68 nm and a coarse-grained central layer. As shown in Fig. 24, with increasing applied strain from 1.09 % to 21.06 %, dispersive local strain bands were developed over the nanostructured surface of the gradient Ni sample. These dispersive strain bands were called shear bands in the paper [242] because the orientations of the strain bands are close to the 45° to the loading direction, i.e., the maximum shear stress direction (see Fig. 24A2). These shear bands can be also called local strain bands because further study is needed on their origin.

Fig. 25a shows the evolution of strains in ε_y (tensile direction) strain bands with increasing applied strain. As shown, the strain peak in the strain bands becomes higher with applied strain. Fig. 25b shows similar trend in the ε_x (lateral) strain band, which is negative in values. The strain band peak height and width at half of peak maximum is defined by fitting the experimental curve with a Gauss function [242]. It is demonstrated in Fig. 25c that the average width of strain bands, \overline{W} , remained constant with increasing applied strain, while the strain peak height increased with applied strain. Fig. 25d shows that the spatial density of strain bands increased quickly initially, but reached a saturation at ~ 3 % strain.

The stable evolution of dispersive strain bands was attributed to the constraint by the stable CG central layer, which prevented the strain bands from penetrating deep into the CG central layer. In addition, grain coarsening occurred in the nanostructured strain bands, which acted to help with regaining strain hardening capability and stabilizing the strain bands. The constant strain band width and increasing strain peak indicate that the strain gradient in the strain bands increased with applied strain, which may increase the GND density and HDI hardening in the strain bands [1]. In other words, the dispersive strain bands may have helped with increasing strain hardening rate and retaining the ductility of the gradient structured sample.

In contrast to the gradient structured Ni, the CG Ni samples did not produce strain bands under tensile strains up to 21.86 %. Strain bands did appear in nanostructured Ni, but there only a few large strain bands appeared and quickly failed the sample. In other words, the gradient structure promoted the formation of stable, dispersive strain bands [242].

Yuan et al reported another phenomenon of stable local strain banding in a gradient structured interstitial free (IF) steel [17]. As shown in Fig. 26, strain localization occurred at two locations at 1.0 % strain. The top strain localization was formed by two crossing strain bands, which grew steadily with applied strain up to 20.6 %. The strain localization spread along the gage length stably without failing the sample. The difference between this example and the dispersive stain bands in gradient Ni (Fig. 25) is that this IF steel sample had very thick gradient layer that extended all the way to the center (Fig. 26b), which is believed the reason for the formation and stable propagation of this primary strain localization. In other words, it appears that if the central CG layer is thick and the gradient layer is thin, it will be difficult for the strain bands to propagate side way to grow its width (e.g., Fig. 25). However, if the gradient layer is very thick and central CG layer is too thin to effectively constrain the strain bands, the strain bands may grow in width to propagate



Fig. 23. Strain bands formed during tensile testing of a copper-bronze layer-structured sample at 3.1%, 4.2% and 5.6% strain, measured by high-resolution DIC [13]. Black arrows mark the zone boundaries.



Fig. 24. Dispersive strain banding on the surface of a gradient structured Ni processed by RASP [242]. (A1) Strain map using strain ε_y in the tensile direction. (A2) Strain map using strain ε_x in the lateral direction. Note that ε_x is negative because the lateral strain is caused by the Poison's ratio. The strain bands are oriented at 49° – 55° to the tensile loading direction (y).



Fig. 25. Evolution of strains in strain bands in gradient structured Ni with increasing applied strain from 1.09% to 21.06% [242]. (a) Evolution of strains in ε_y (tensile) strain bands. (b) Evolution of strains in ε_x (lateral) strain bands. (c) The average width at half maximum of the strain peak remained constant while the average strain peak height increased with applied strain. (d) The evolution of the density of strain bands with increasing applied strain for three different gradient Ni samples.

along the gage (e.g., Fig. 26).

Interestingly, as shown in Fig. 26c, there is a sharp hardness drop in the strain bands at the early stage, *i.e.*, strain softening. This was caused likely by the deformation induced grain growth in the nanostructured surface layer. This phenomenon has been extensively reported for nanostructured metals [24,144,245–249]. Surprisingly, the microhardness increased in the strain localization zone upon further strengthening, indicating that the strain hardening capability can be recovered to some extent in the strain bands, which benefits the overall strain hardening rate and helps with retaining ductility.

The promotion of strain bands by heterostructures is clearly demonstrated in a bi-modal heterostructured Cu [198]. The Cu sample was first processed by Equal Channel Angular Pressing and cold rolling to produce ultrafine grained (UFG) structure and then annealed



Fig. 26. Stable propagation of a local strain band in gradient structured IF steel with thick gradient layers [17]. (a) Tensile sample with a gage length of 10 mm, and strain evolution map on the surface of the entire gage length. (b) The microhardness profile along the thickness indicates that gradient layers extended all the way to the center. (c) Hardness dropped in the local strain bands and subsequent recovery of strain hard-ening capability.

to produce bi-modal heterostructure and coarse-grained (CG) structure. As shown in Fig. 27, under similar applied tensile strain, the bimodal samples with 30 % and 70 % recrystallized coarse-grains exhibited severe dispersive strain bands, while the CG Cu sample exhibited much less severe dispersive strain bands. The UFG sample failed at very low tensile strain before the dispersive strain band was developed.

It was concluded that both UFG zones and CG zones are needed to develop dispersive strain bands [198]. During the tensile deformation, the piling up of GNDs against zone boundaries will produce back stress in the CG zones, and forward stress in the UFG zones in the form of local stress concentrations. The local stress concentrations in the UFG zone (forward stress) may initiate local plastic deformation. Due to the low strain hardening capability of the UFG zones, local strain bands may be nucleated in the UFG zones. However, these local strain bands will be stopped once they cross into the CG zones because 1) CG zones will deform readily by dislocation slip to relieve local stress concentration and 2) CG zones have high strain hardening rate to stop and stabilize deformation. The constraint of active strain bands by CG zones makes it possible for other strain bands to form at other locations, therefore producing stable, dispersive strain bands.

It should be noted that these strain bands were called shear bands in the earlier publications [17,198,242]. This is because the orientation of these strains is very close to the maximum shear stress orientation, that is, 45° to the tensile loading direction. In addition, any dislocation slip in these strain bands is certainly driven by shear stress. However, there is no direct evidence that there is macroscopic shear strain in the strain bands. Recently, shear bands were indeed observed in heterostructured Ni under SEM [250]. It is still not clear if shears strain is involved in all shear bands. This needs to be further studied.

4.9. Hetero-deformation induced (HDI) stress and Bauschinger effect

Bauschinger effect has been observed extensively in conventional metals and alloys [216,217]. Typical Bauschinger effect is illustrated in Fig. 28a [218], in which $|\sigma_{ry}|\langle |\sigma_f|$. In conventional materials, the Bauschinger effect usually increases with increasing prestrain, as shown in Fig. 28b. In other words, σ_y becomes more negative with increasing tensile strain, but this increase is slower than σ_y . As shown in Fig. 28c, in gradient structured Cu, the σ_y becomes less negative with increasing tensile strain, which leads to higher reverse yield softening (Fig. 28d). In other words, there is a strong Bauschinger effect in the gradient sample, which is similar to the trend of the HDI stress. This is because the Bauschinger effect and the HDI hardening have the same physical origin [218]. It is suggested that the HDI hardening can be used as a quantitative measure of the Bauschinger effect.



Fig. 27. Bi-modal heterostructures in Cu the formation dispersive strain bands [198]. (a1) Bi-modal heterostructure with 30% recrystallized coarsegrains (CG) and 70% of ultrafine grained Cu, (a2) its bi-modal grain size distribution histogram, and (a3) its dispersive ε_y (tensile strain) strain bands after 12.88% tensile loading. (b1) Bi-modal heterostructured Cu with 70% recrystallized CGs, (b2) its bi-modal grain size distribution histogram, and (b3) its dispersive ε_y strain bands after 12.75% tensile loading. (c1) Recrystallized CG Cu, (c2) its bi-modal grain size distribution histogram, and (c3) its dispersive ε_y strain bands after 12.49% tensile loading.

5. Processing and properties of heterostructured (HS) materials

Various processing technologies have been reported for fabricating heterostructured materials. Some of them have been around for decades, developed for processing nanostructured metals. Most importantly, current industrial facilities can also be used to manufacture some types of heterostructured (HS) materials at large scale and low cost. This greatly helps with the commercialization of HS materials since scaling up new materials technologies for large industrial production at low cost has always been the biggest challenge for their wide commercial applications. The ease fabrication of HS materials and the new materials science associated with them have led to the fast development of this new materials field and some commercialization activities is already underway. In the following, we describe some of the technologies that have been used to fabricate HS materials.

5.1. Heterostrustured lamella (HL) materials

Heterostructured lamellar structure is so far the most effective heterostructure for producing HDI strengthening and HDI strain hardening [15]. This structure was reported originally in Ti processed by asymmetric rolling plus subsequent partial recrystallization annealing [2], which produced recrystallized soft lamellae with a volume fraction of 25 %, dispersed in the non-recrystallized but recovered nanostructured matrix (Fig. 29a-c). The initial raw Ti sample has an equiaxed grain structure with an average grain size of 43 μ m. As shown in Fig. 29c, there is a huge difference in grain size between the soft lamellar and the matrix. The soft lamellae consist of micron-sized grains (MGs) of \overline{d} of 2.3 μ m and are dislocation free. The matrix was only subjected to the recovery process and therefore will contain dislocations albeit with a reduced dislocation density as compared with the as-rolled state. Fig. 29d shows a recrystallized Ti grain with many pile-ups of geometrically necessary dislocations (GNDs). As discussed earlier, the GND pile-ups will effectively produce hetero-deformation induced (HDI) stress.

Fig. 30a,b show the tensile mechanical behavior and properties of the HLS Ti, as compared with those of ultrafine grained and coarse-grained Ti [2]. Fig. 30b shows that the HL samples have yield strength-ductility (uniform elongation) combinations that are clearly out of the conventional trade-off region. This is especially true for the HL60 and HL 80 samples, which have strength nearly as high as the ultrafine grained sample, and ductility values even larger than that of the coarse-grained Ti. This totally avoided the strength-ductility trade-off, which has been considered impossible according to our textbook and literature knowledge.

The high strengths of the HL60 and HL80 HLS samples violate several known principles of conventional materials science. First, the



Fig. 28. (a) Schematic of the Bauschinger tensile-compressive tests, tensile curves and tensile-compressive curves for CG-Cu (b) and GS-Cu (c), and (d) reverse yield softening vs pre-strain.

partial recrystallization leads to the grain growth in 25 % of the sample volume, and this grain growth should consequently lead to lower yield strength, according to the well-known Hall-Petch relationship [54]. Second, the dislocation density in the recrystallized volume is reduced to almost zero and also significantly recovered in the un-recrystallized zones, which should also reduce the yield strength according to the Taylor equation [20–22]. Third, As shown in Fig. 30c, the HL60 sample has much higher strain hardening rate than both the ultrafine grained and coarse-grained sample, which violates the rule of mixtures. Coarse grained metals usually have high strain hardening rate because the large grains allow the effective accumulation of dislocations. In contrast, ultrafine grained metals have been found to have very low strain hardening rate because of their small grain sizes [57]. These expectations are clearly realized, as shown in Fig. 30c. HL samples have strain hardening rates that are higher than even the strain hardening of coarse-grained Ti, which is really unexpected and cannot be explained by conventional understanding of materials science, including the empirical rule of mixtures.

The superior mechanical properties of the HLS Ti are originated from the ultra-high hetero-deformation induced (HDI) strengthening and HDI strain hardening. As shown in Fig. 30d, the HDI stress is much higher than the stress produced by conventional dislocation hardening. Near the yield point, the HDI stress is as high as 400 MPa, which can be regarded as the increase of the yield strength caused by the HDI stress. After yielding, the HDI stress continues to increase to provide HDI hardening. Note that in conventional homogeneous metals, the HDI strengthening/strain hardening is usually lower than that of the dislocation strengthening/ strain hardening, which is why the HDI stress is usually ignored in the literature when explaining the mechanical behavior/properties of homogeneous materials. However, in the heterostructured materials such as the HL Ti, the HDI strengthening and strain hardening play a major or even dominant role in affecting the mechanical behaviors and in producing superior mechanical properties.

Ti has a hexagonal close-packed (hcp) crystal structure, which makes it easy for GNDs to pile up due to the difficulty of dislocation cross-slip. This is one of the reasons for hcp metals to have significant heterostructure effect, i.e., to develop high HDI stress.

The heterostructure effect is also found significant in face-centered cubic (fcc) metals, such as stainless steel [208], copper [251], Nickel [250], Mg alloy [252], medium/high entropy alloys [253–259]. For example, an HLS 316 stainless steel has been found to possess a very high yield strength of 1 GPa while retaining a good ductility of 9 % [208], as shown in Fig. 31. To process the HLS 316 stainless steel, a coarse-grained sample was cold rolled to a strain of 85 %, and then annealed at 750 °C for varying times to partially recrystallize the sample. As shown in Fig. 31c, the yield strength of HLS samples was increased by several times while their ductility was well retained.

The most versatile approach to make HLS materials is powder metallurgy, in which one can quantitatively control the volume fraction and morphology of the soft lamella. This approach has been demonstrated using Cu-Fe alloys [260]. Cu and Fe have very low



Fig. 29. Heterostructured lamella (HL) Ti produced by asymmetric rolling plus partial recrystallization [2]. (a) Electron back scattered diffraction (EBSD) image of the lamella Ti. (b) The EBSD image after blackening the un-recrystallized ultrafine-grained matrix. (c) Transmission electron microscopy (TEM) micrograph of a recrystallized soft lamellar and surrounding matrix. (d) Pile-ups of geometrically necessary dislocations in a recrystallized grain after tensile deformation for a strain of 2%.

mutual solubility and does not form intermetallic compounds, which makes them ideal for making soft Cu lamellae embedded in harder Fe matrix. The volume fraction of the soft lamellae can be controlled by the initial ratio of powder mixture while their length to thickness ratio can be controlled by the rolling strain after consolidation. The initial powder mixture can be from different metals and/ or phases. It can also be a mixture of powders with the same composition but different grain sizes such as coarse-grained powder mixed with nanostructured powder.

The HL Cu-Fe samples were processed by mixing desired volume ratios of Cu powder and Fe powder, compacting them and then consolidating them at 1050 °C for 2 h, which were further cold rolled to a thickness reduction of 81 % and annealed at 360 °C for 30 min [260]. Fig. 32a shows the optical photograph of a heterostructure with soft Cu lamellae embedded in the hard Fe matrix. The volume fraction of the Cu lamella is 30 %. Each lamella was originated from an initial Cu particle. The elongated shape was produced by the cold rolling. Fig. 32b is an ion channelling contrast imaging (ICCM) micrograph, showing that the Fe matrix is coarse-grained while Cu is fine grained with a grain size of 1 μ m. Fe precipitates were found in the Cu lamellae near the zone boundaries. Fig. 32c shows the microhardness difference in the soft Cu zones and hard Fe zones. Fig. 32d, e shows that the HLS Cu-Fe alloy has superior mechanical behavior and properties. As shown, the sample with 15 % of soft Cu lamella has both higher strength and higher ductility than the pure hard Fe sample that was subjected to the same thermomechanical processing, which is really surprising. This certainly cannot be explained by conventional empirical materials principles such as the rule of mixtures. The HL sample with 30 % vol. Cu lamellae exhibits the best yield strength-ductility combination. These superior mechanical properties were attributed to the effective heterostructure effect, i.e., the HDI strengthening and HDI work hardening, as shown in the Fig. 32f.

5.2. Gradient structured (GS) materials

The gradient structured (GS) materials refer to bulk materials with microstructural gradient(s) in one or more dimensions [185,261,262]. The microstructural gradient can be from grain size [23,24], twin density [25,233,234], a combination of grain size and twins [263], chemical concentration [264], density of nano-precipitates or fraction of constituent phases [265–267], etc.

Most gradient structured materials reported so far have been formed by grain-size gradient [23-25,53,185,187,265,268-275].



Fig. 30. The tensile mechanical behaviors and properties of the heterostructured lamella structured (HLS) Ti, as compared with those of ultrafine grained and coarse-grained Ti [2]. (a) The engineering stress–strain curves. (b) The HLS samples (HL60-HL300) break away from the conventional strength-ductility banana curve. (c) The corresponding true stress hardening($d\sigma_T/d\epsilon_T$)-true strain (ϵ) curves before necking. (d) In the HLS Ti, the hetero-deformation induced (HDI) strengthening and HDI hardening are many times higher than those produced by dislocations.

Fig. 33 shows two types of samples with grain size gradient. Fig. 33a,b show a typical gradient sample consisting of a coarse-grained (CG) core sandwiched between two surface layers of either nano-grains or nanostructure, with a grain-size gradient in-between. Fig. 33c shows the schematic cross-section of a cylindrical gradient structured sample. Fig. 33d shows a schematic of a nano-structured surface layer below which is a grain-size gradient layer, which extends all the way the coarse-grained core. Fig. 33e is a typical grain size gradient in gradient structured interstitial-free steel [23].

As shown in Fig. 33e, in the gradient layer, the grain sizes can span 3–4 orders of magnitude from below 100 nm to a few tens of micrometers [23,24]. In the nanostructured layer, the yield strength can be several times higher than that of the CG layer, but the ductility shows the opposite trend, i.e., the trade-off between the strength and ductility [23,24]. This mechanical incompatibility will inevitably lead to heterogeneous deformation, which will stimulate new deformation physics [23,181].

The grain-size gradient samples are usually processed by surface mechanical attrition treatment (SMAT) [265], which involves repetitively impacting the sample surface with high speed balls. The SMAT process is in some way similar to the conventional shot peening, except that the balls are larger than the shots and velocity of the balls is higher than that in a normal shot peening. Consequently, a nanocrystalline layer on the surface can be produced, below which a grain-size gradient layer is generated. Several SMAT variants with similar processing principle have been reported, including rotational accelerated shot peening (RASP) [244,276,277], ultrasonic SMAT [278,279], severe shot peening (SSP) [280], etc. A related but different technique is surface mechanical grinding treatment (SMGT) [281–283], in which the severe plastic deformation of the surface layer is realized by the sliding of a hard ball/tip pressed against the surface. This technique can produce a smooth sample surface. Other deformation approaches to produce gradient structures include torsional straining [187,284–287], cyclic dynamic torsion[263], surface rotational rolling [288], rotary swaging[289–291], single-roll angular rolling [292], surface SPEC milling [293,294], surface mechanical rolling treatment [295], etc. As discussed later, the surface deformation approach often produces a residual stress in the sample, which may affect not only fatigue life but also the mechanical behavior of the sample.

A different approach for produce gradient structures include electro-deposition [25,233,269,296], and induction heating [297]. Note that the conventional industrial heat treatment techniques such as nitriding and cementing will produce a compositional gradient from the surface and may consequently produce a structural gradient during the subsequent thermal processing.

Lu et al [24] first demonstrated an extraordinary strength-ductility combination in gradient structured Cu. As shown in Fig. 34a, the yield strength of the gradient structured Cu doubles that of the CG Cu while its ductility is comparable to that of CG Cu. The high ductility is especially surprising and was attributed to the grain growth in the nanostructured Cu layer. Superior strength-ductility



Fig. 31. Heterostructured lamella structured (HLS) 316 stainless steel processed by cold rolling for 85 % followed by annealing at 750 °C [250]. (a) EBSD micrograph of the sample annealed for 10 min. (b) EBSD micrograph of the sample annealed for 15 min. (c) The engineering stress–strain curves of the HLS samples annealed for 10 and 15 min and the coarse-grained as-received sample.

combinations have been also reported in various gradient structured metals and alloys even without grain growth. Examples include gradient structured interstitial-free (IF) steel (Fig. 34b) [23], Ni [269], TWIP steel (Fig. 34c) [187], and copper [298]. Recently, a gradient structured copper was synthesized with both grain size and twin spacing gradients [25] using electrodeposition, which exhibited both increased ductility over grain-size gradient Cu and enhanced yield strength (Fig. 34d). Higher ductility was observed when TRIP [275] or TWIP effect [53,268,270] occurred in the gradient structure.

The high ductility is attributed to high strain hardening in the gradient structured materials [15,23]. Several mechanisms for enhanced strain hardening were proposed. The first is the mechanically-driven grain growth in the NG layers during tensile testing [24,274]. Grain growth indeed can recover some strain hardening capability in the nanostructured layer, as recently demonstrated in gradient structured interstitial-free steel [17]. This recovers some capability of forest hardening in the NG layers [24]. However, this recovery is not enough to sustain uniform elongation without necking, which is why nanostructured metals usually have low ductility.

The second mechanism is hetero-deformation induced (HDI) strain hardening [1,15,16,181]. There is a plastic incompatibility upon straining between different layers and inside the gradient layer. Strain gradient appears where the geometrically necessary dislocations (GNDs) are produced to help to coordinate plastic deformation at hetero-boundaries. These GNDs pile up and accumulate near hetero-boundaries to induce HDI strengthening and HDI strain hardening [1,181]. HDI hardening is evidenced by hysteresis loops [23] and HDI stress (previously termed as back stress) [19,181] during unloading–reloading testing.

For samples processed by the surface plastic deformation techniques, residual stress is the third major contributor to the extra strain hardening in gradient structured materials [299]. Surface deformation usually produces significant compressive residual stress under the sample surface. Fig. 35 shows the *in-situ* synchrotron measurement results of an interstitial-free (IF) steel during a tensile test. Fig. 35a shows the residual stress profile along the depth of the gradient sample. As shown, the compressive stress layer is about 150 µm below the surface. It is this compressive stress layer that sustained the highest applied tensile stress during the tensile test, which contributes to strain hardening during the tensile straining (Fig. 35b). In addition, the compressive residual stress in this layer offsets the applied tensile stress during the tensile straining, and therefore started plastic deformation (yield) later than the layers on both sides, creating two plastic-elastic boundaries (Fig. 35c). GNDs in the plastically deforming layers pile up and accumulate near the zone boundaries, which effectively produces HDI strengthening and HDI strain hardening. Fig. 35d shows that the dislocation density accumulation is indeed highest outside of the compressive stress layer and near the interfaces. In addition, these two elastic–plastic interfaces migrate toward the center of the compressive layer with applied tensile strain g a trail of high-density dislocations in



Fig. 32. Heterostructured lamella structured (HLS) Cu-Fe alloy [260]. (a) Optical photograph showing soft Cu lamellae (30% vol.) embedded in hard Fe matrix. (b) Ion channelling contrast imaging (ICCM) micrograph of Cu and Fe zones. (c) The microhardness difference in the soft Cu zones and hard Fe zones. (d) The tensile engineering stress–strain curves of the HL Cu-Fe alloy with varying soft Cu lamella volume fraction. (e) The yield strength-ductility combination as a function of the volume fraction of Cu lamellae. (f) The effect of the volume fraction of the Cu lamella on the hetero-deformation induced stress.

their wakes. These dislocations include the GNDs as well as statistical dislocations, both of which help to produce strain hardening.

The fourth contributor to the HDI strengthening and HDI strain hardening is the global mutual constraint between the gradient layers and soft CG central layer. As illustrated in Fig. 10, the mechanical incompatibility and the global mutual constraints will convert the uniaxial applied stress into multiaxial stresses, which could help to activate more slip systems and promote interactions among dislocations from different slip systems [23]. This will consequently lead to higher strain hardening. To verify this hypothesis, gradient Cu samples with double-sided constraint and single-sided constraint but the same volume fraction of CG layer fraction (see Fig. 36) were processed and tested [300]. It was found that the double-sided constraint yielded higher strength and higher ductility. It follows that the volume fraction of the CG layer should also affect the intensity of the global constraint. Consequently, an optimal volume

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Fig. 33. Schematics of gradient structured samples. (a) Schematic of a gradient structured plate sample. (b) The cross-section of the plate sample with two nanostructured and gradient layers sandwiching a coarse-grained layer. (c) The schematics of the cross-section of a cylindrical gradient structured sample. (d) Schematic of a nanostructured surface layer on top of a grain-size gradient layer. (e) A typical grain size gradient in gradient structured interstitial-free steel [23].



Fig. 34. Tensile stress-strain curves in various heterogeneous structures. (a) GS Cu [24]. (b) GS IF steel [23]. (c) GS TWIP steel [187]. (d) GNT Cu [25]. (e) LS Ti [398]. (f) HS CoCrNi MEA [189]. GS: gradient structure. LS: lamellar structure. NG: nanograin. CG: coarse grain. NS: nanostructure. GNG: gradient nanograin. GNT: gradient nanotwin. NT: nanotwin. HGS: heterogeneous grain structure.

fraction for the CG layer should exist. This was indeed found true in gradient structured Cu [301].

Recently, it was found that gradient nanotwinned metals with twin thickness gradient developed significant extra strengthening as compared with the samples with homogeneous twin thickness [233,234], which was attributed to the strain gradient developed



Fig. 35. Experimental results by *in-situ* XRD synchrotron during a tensile test [299]. (a) Residual stress distribution below the surface prior to tensile loading. (b) The evolution of axial lattice strain along the depth at varying applied tensile strain. (c) The evolution of axial stress (strain) along the depth. (d) The full width at half maximum (FWHM) of diffraction peaks (representing dislocation density) along the depth with applied strain.

between different twin layers. The strain gradient needs to be accommodated by GNDs, which produce back stress in the soft layers with larger twin thickness to strengthen the material. In addition, the combined experimental study and modelling reveals that the higher structural gradient led to higher extra strengthening. These observations provide strong support to the general principle of heterostructured materials as discussed in Section 4.3. However, this GND arrangements observed here are different from the ideal GND pile-up model shown in Fig. 11. This suggests that GND arrangements can be very versatile in different microstructures and metals with different intrinsic properties such as stacking fault energy, as discussed in Section 4.5.



Fig. 36. (a) The geometry and size of a tensile sample with the single-sided gradient structure. (b) Schematic illustration of the single-sided GS and the double-sided GS the samples processed by SMAT. (c) The geometry of the double-sided GS sample [300].

5.3. Layer structured (LS) materials

Layer structured materials can be regarded as composites consisting of multiple 2D layers of different phases/metals [15]. They are also called laminate-structured metals earlier, but this sometimes may be confused with heterogeneous lamella structured metals. The difference is that the layer structured metals consist of continuous 2D layers, while the lamellae in the heterogeneous lamella structured metals is not continuous. Early studies of layer-structured metals primarily focused on thin foils of a few micrometers in thickness synthesized by various thin film techniques including electrodeposition [302,303], evaporation, sputtering [304–308], molecular beam epitaxy [309,310], etc. Very high strength is usually observed in these studies, especially when each layer is very thin (<500 nm) [311–315]. Their strength follows the Hall-Petch relationship with the layer thickness [311,314–317]. This is not surprising because grains often span the entire layer thickness [15]. These samples might be good for fundamental study but are too thin and small for practical structural applications.

A severe plastic deformation technique, accumulative roll bonding (ARB) (Fig. 37), which was developed for processing ultrafinegrained materials [318–321], has been used to process layer structured materials recently [27]. ARB is a technology that can be used to process sheet samples that are large enough for practical industrial applications [312]. Surprisingly, ARB can not only fabricate large layer-structured materials, but also very thin layered samples with interfaces similar to what is produced by deposition methods when the layers become very thin, e.g. in the Zr/Nb and Cu/Nb systems [29,322]. ARB has been reported to manufacture the following layer structured material systems Ag/Fe, Ag/Ni, Cu/Nb, Cu/Ta, Zr/Nb, as well as Mg-alloy/Nb and Cu-bronze (Cu-10 % Zn) [27,320,323–327].

Layer-structured materials is not the best in mechanical properties as compared with other heterostructured materials [1,2]. However, they are one of the best for fundamental studies [2,13,240], because they can be fabricated to have clear and controllable inter-zone (phase) interfaces. For example, Cu-bronze layered structure processed by ARB was used to study the effect of interface spacing on the mechanical properties [27]. Fig. 38a-c shows the optical micrographs of Cu-bronze layered structure processed by ARB for 2, 3 and 5 passes followed by annealing, denoted as N2, N3 and N5, respectively. Their microstructures are shown in Fig. 38d-f, which reveals ultrafine-grained (UFG) bronze layer and coarse-grained Cu layer. Annealing twins can be observed in the Cu layer. The strength of the UFG bronze layer is over 100 % higher than that in the coarse-grained layer (Fig. 19b) [13], which indicates a significant mechanical incompatibility during tensile deformation.

Fig. 38g shows tensile stress–strain curves of these three samples. As shown, with decreasing interface spacing, i.e., smaller layer thickness, both yield strength and ductility increased. Fig. 38h further shows that both the ultimate strength and ductility increased with decreasing layer thickness (increasing interface density). These results indicate the important role played by interfaces on the mechanical properties. It was found that the geometrically necessary dislocations (GNDs) piled up and accumulated near the interfaces to produce back stress in the soft Cu layers and forward stress in the hard bronze layers to produce extra HDI strain hardening [27,181], which acted to increase the yield strength and ductility. It is noted that in Fig. 38, the samples with the thinnest layer had a layer thickness of 31 µm. The effect of layer thickness (interface density) on the mechanical behavior was further studied to include samples with layer thickness smaller than 31 µm [13].

Fig. 39 shows the effect of layer thickness (interlayer spacing) on the mechanical behavior [13]. From the true stress–strain curves (Fig. 39a), it can be seen that both the yield strength and the strain hardening increased with decreasing layer thickness. Fig. 39b shows that the ductility (uniform elongation) first increased with decreasing layer thickness, reached maximum ductility at the layer thickness of about 15 µm, and then started to decrease, demonstrating that there is an optimum layer thickness for the best combination of strength and ductility. This is the thickness at which the hetero-boundary affected regions (HBARs) start to overlap with each other [13]. The HDI hardening was found significant in the layer structured Cu-bronze sample (Fig. 39c), and was believed responsible for the observed initial simultaneous increase of yield strength and ductility [13,27]. As shown, the HDI hardening is much higher than the dislocation induced hardening. Fig. 39d shows that the layer-structured sample has superior combination of strength and ductility over the homogeneous samples [13], which was also attributed to the HDI hardening [13,27].



Fig. 37. (a) Schematic of accumulative roll bonding. (b) Large ARB-processed Cu-Nb layer-structured workpiece held by a graduate student [312].



Fig. 38. Optical micrograph of Cu-bronze (10 %Zn) samples processed using ARB for (a) 2 passes (N2), (b) 3 passes (N3), and (c) passes (N5). Their microstructures from ion channelling contrast microscopy are shown in (d) to (f), respectively. (g) The tensile stress–strain curves. (h) Increase of both ultimate strength and ductility with decreasing layer thickness.

5.4. Multi-modal structured (BMS) materials

One of the earliest reported observations on the superior mechanical properties of heterostructured materials is on bi-modal nanostructured Al alloy by Lavernia's group [169]. In this study, 5083 Al alloy powder produced by spray-atomization was cryo-milled in liquid nitrogen, followed by degassing, hot isostatic pressing and hot extrusion. A bi-modal microstructure was observed in which coarse grains were embedded in nanostructured matrix. Superior combination of a yield strength of 334 MPa and elongation to failure of 8.4 % was obtained (see Fig. 40a). Importantly, good strain hardening was observed despite of its small average grain sizes (34 nm) as measured by X-ray diffraction.

High density of dislocation structure was observed in the CG grain (see Fig. 40b) [15,328], which was believed responsible for the high strain hardening and good ductility. It was hypothesized that the dislocations were piled up in the coarse grains against its boundaries with the nanostructured zone, as shown in Fig. 40c. This not only increases the dislocation density to produce dislocation hardening according to the Ashy equation [20], but also the HDI strain hardening [1,15,181], which collectively produced the observed good strain hardening for good ductility. In addition, it is also believed that the coarse grain can act to blunt cracks from the nanostructured zone.

Another well-known work on bi-modal structured materials was reported on Cu, which was processed by cryogenic rolling followed by annealing [49]. The bi-modal structure consists of ~ 25 vol% of coarse-grained (1–3 μ m) embedded in ultrafine-grained matrix (<200 nm). The coarse grains are equiaxed with some annealing twins. A superior combination of strength and ductility (uniform elongation) was observed. Its high strength was attributed to the fine grain sizes while the high ductility was attributed to high strain hardening rate, which was believed enabled by several factors including triaxial-stress state in the confined coarse grains, high-density of geometrically necessary dislocations (GNDs), twinning, and strain partitioning with the soft coarse-grains carrying higher plastic strains. However, the concepts of back stress and HDI strain hardening were not raised in this paper. Nevertheless, the concept of GNDs and strain partitioning mentioned in this paper represented the most advanced understanding of the mechanisms of high ductility in bi-modal structured materials at the time when this paper was published.

After these early reports [49,169], many follow-on researches were performed on bi-modal metals with limited successes in improving the strength and ductility [34,35,50,51,183,184,329–336]. The lack of good understanding of the mechanism for the high strength and strain hardening hindered the development of bimodal metals and alloys. As a result, most studies are based on the trial-and-error approach instead of being guided by physics-based understanding. As we learned later, a few critical heterostructural



Fig. 39. The effect of layer thickness on the mechanical behaviour and properties of Cu-bronze (10 %Zn) layer-structured samples [13]. (a) True stress–strain curves, the numbers near the curves are layer thickness/interlayer spacing. (b) Yield strength vs ductility (uniform elongation) with decreasing layer thickness indicates an optimum layer thickness for the best combination of strength and ductility. (c) Evolution of HDI stresses and dislocation hardening stresses with applied strain. (d) Comparison of strength and ductility (uniform elongation) between the layer-structured CG–Cu/NS–bronze samples and the conventional homogenous materials.



Fig. 40. Bi-modal structured 5083 Al alloy with superior combination of strength and ductility. (a) Tensile properties of bimodal structured 5083Al alloy [399], (b) High-density dislocation in a coarse grain [328], (c) Schematic of dislocation piling up against coarse-nano zone interface, and crack blunting by the CG grain.

features are essential for producing high strength and high HDI strain hardening [1,181], including embedding the soft zone in the hard matrix, high density of zone boundaries, and appropriate zone boundary spacing. The bimodal structures reported in the literature were not purposely designed with these factors in consideration.

In addition to bimodal structured material, multimodal structured materials were also reported [164,337–341]. These materials were reported to have superior combinations of strength and ductility. The mechanisms for their superior mechanical properties are similar to heterostructured materials including bi-modal structured materials. The benefit of multimodal structure is that if the deformation heterogeneities were initiated at different stress and plastic strain levels, the strain hardening is expected to last for a longer plastic strain, and consequently produces better ductility.

5.5. Harmonic structured materials

Harmonic structure was defined by Ameyama as consisting of coarse-grained cores embedded in three-dimensional UFG networks [342]. The processing of harmonic structures can be clearly described by Fig. 41 [343]. As shown, the process starts with spherical initial coarse-grained particles, which are milled using low energy so that only the particle surfaces are deformed plastically to produce an ultrafine grained surface layer. The low energy milling was carried out either in a planetary ball mill [194,336,342,344–346] or a high-pressure gas jet mill [343]. The as-milled powder is then consolidated into bulk harmonic structured materials. It is noted that the fast diffusion rate of the UFG surface layer should help the consolidation process, making it easier to consolidate the powder. The UFG surface layers of the power particles are transformed into the UFG networks and the coarse-grained cores after the consolidation, as schematically illustrated in Fig. 41.

A number of research papers have been published in the area of harmonic structured materials in recent years [33,36,37,336,342–354]. As an example [33], pure Cu (99.96 % purity) with an average particle size of 160 µm was mechanically milled in a planetary mill in Ar gas, producing particles with deformed UFG surface layers. The milling is a critical step in making harmonic structured materials. The thickness of the UFG layer can be controlled by varying the milling duration as well as other milling parameters. The energy of the milling for each impact between the balls and the particle should be low so that the powder particles are only deformed in their surface layers and remains spherical (see Fig. 42).

The as-milled powder was sintered using spark plasma sintering (SPS) at 600 °C under 100 MPa pressure for 1 h to produce sintered samples with a diameter of 15 mm and thickness of 4 mm. Fig. 43a shows a typical harmonic structure after sintering, which has a 36 % vol. of the shell structure. It is noted that nanostructured surface layers of the particles facilitate the consolidation because of the faster diffusion kinetics of the nanostructures. The mechanical behaviours of the samples with varying harmonic structures are compared in Fig. 43b, which reveals that with increasing volume fraction of the shell structure, both the yield strength and ductility increased. This demonstrates the advantage of the harmonic structure [33].

This superior combination of mechanical properties is believed produced by the HDI strengthening and HDI strain hardening because the harmonic structure is a type of heterostructure [15]. It should be noted that the improvement in the yield strength in Fig. 43b is not dramatic, suggesting a weak HDI strengthening. It is reasoned that if the density of the zone interfaces is increased, the HDI strengthening and HDI strain hardening will become stronger to yield even better mechanical properties. This can be easily done by elongating the spherical soft core and hard-shell structure by cold deformation such as rolling. This effect was indeed observed.

The harmonic structure can be an ideal structure for studying the fundamentals of heterostructured materials, because the heterostructural parameters such as the volume fractions, shape and sizes of the soft zones can be well controlled using the processes of low energy milling and consolidation. Further investigation is needed to investigate this type of heterostructures.

5.6. Dual-phase structured materials

Dual-phase structured materials are a class of materials consisting of two-phases with different crystal structures or compositions



Fig. 41. Schematics of the processing steps for producing harmonic structured materials [343].



Fig. 42. (a) The image of an initial spherical Cu powder particle. (b) An Cu powder particle after low energy milling [33].



Fig. 43. (a) A typical harmonic structure of copper produced by SPS consolidation of Cu powder milled under low energy. (b) Comparison of mechanical behaviours of the samples with varying volume fraction of the hard shell structure [33].

[15,355]. For example, conventional eutectic or eutectoid (e.g., pearlite) structures are typical dual-phase structures with different crystal structures. Spinodal decomposition structure is a typical dual-phase structure with different composition but the same crystal structure. A popular class of materials developed using the dual-phase concept are dual-phase steels [15,38–40,356], which have been developed for the automobile applications [188,357]. The most popular dual-phase steels reported in the literature are martensite-ferrite dual phase steel [39,41,44,188,195,355,358–363], although other dual phase steels and alloys have also been reported [268,364–366].

The advantage of the martensite-ferrite dual phase steels is that the volume fraction of the martensite phase can be easily controlled by adjusting the austenitization temperature in the ferrite–austenite two-phase zone of the phase diagram, which determines the ratio of the austenite to ferrite. The austenite will be transformed to form martensite during the subsequent quenching. In practice, the volume fraction of martensite is typically in the range of 3–30 % [40,188], although higher martensite volume fractions were also reported in the literature [363,367,368]. Due to the low volume fraction of martensite phase, the martensite zones are typically embedded in the soft ferrite matrix as hard islands.

The mechanical properties of dual phase steels typically have low yield strength and high strain hardening rate, high ultimate strength, high ductility and bake hardening at the paint baking temperature (\sim 170 °C) [188]. Another major advantage of the dual-phase steels is their good formability [15,357,369]. Low carbon dual phase steels also have good weldability. These properties render dual-phase steels superior properties and low cost, making them ideal for automobile applications [43,355].

The most salient feature of the mechanical behaviors of dual-phase steels is their high apparent strain hardening rate, which consequently leads to higher ductility [190,200,358,370]. The superior mechanical properties were attributed to strain partitioning in dual phase steel, where the soft phase carries higher plastic strain than the hard phase [188,190,195,199,200,365]. However, it was not clear why strain partitioning would produce higher strain hardening rate. Recently, we proposed that dual phase steels are a class of heterostructured materials, which consequently have strong HDI strain hardening to contribute to the observed high strain hardening [1,181]. The HDI strain hardening arises from the mechanical incompatibility of the two phases, which caused strain partitioning. Since the strain needs to be continuous across the interfaces, strain gradient will develop near the interfaces, which is accommodated by GNDs. The accumulation of GNDs will cause the HDI stress increase and consequently produce HDI hardening. High HDI hardening was indeed observed in a dual phase steel [364]. The HDI hardening is superimposed on the conventional dislocation hardening to produce the observed high strain hardening.

The principle in heterostructured materials can also be used to process dual phase steels to produce nanostructures. As discussed earlier, to produce high HDI hardening for superior mechanical properties, it is desired to have high flow stress difference between heterostructured zones, i.e., the phases in dual phase steels. Recently, we have demonstrated that it is also possible to use the heterostructures to process nanomaterial [371]. However, in this case, the flow stress difference between the two phases needs to be optimized to facilitate the deformation of the hard phase. In this work [371], a low carbon steel containing (wt%) 0.19C-1.01Mn-1.4Si Mn was austentized at 950 °C followed by water quench to produce a fibrous dual phase structure in which elongated martensite zones are embedded in the ferrite matrix, as shown in Fig. 44a. Counterintuitively, warm rolling at 300 °C produced a much finer lamella structure with an average thickness of 17.8 nm (Fig. 44b) than cold rolling at room temperature (54.6 nm, Fig. 44c).

At room temperature, due to the huge difference in flow stress, cold rolling often fragments the hard martensite zones instead of forcing them to co-elongate with the ferrite zones because the ferrite zones are too soft to transfer uniform stress on to the neighboring martensite zones. As a result, ferrite zones will sustain much higher plastic strain, producing a strong strain partitioning. The lower plastic strain sustained by the martensite phase makes it difficult to refine the martensite. In addition, localized strain bands are known to be active in such heterostructured materials [13,17,198,242,250], which might be responsible for the observed fracturing of the martensite zones. In contrast, at 300 °C the martensite is softened, while the ferrite is strengthened due to the diffusion of C from the martensite to ferrite, which makes them more compatible for co-deformation together during the warm rolling [371]. In addition, C atoms are found to be segregated to the martensite-ferrite interfaces to stabilize the lamellar structure. It appears that 300 °C provides



Fig. 44. (a) SEM image of martensite-ferrite dual phases in a low carbon steel after quenching from the austenite-ferrite two-phase region of the phase diagram. (b) TEM image after cold rolling the as-quenched sample for 90 % thickness reduction. (c) TEM image after warm rolling the as-quenched sample for 90 % thickness reduction at 300 °C.

the optimum compatibility for structure refinement in this low carbon steel. The very fine lamellar structure makes the nanostructured dual-phase steel stronger even than its martensite, which demonstrates the potential using the heterostructure concept to produce ultra-strong steels. This approach reported here should be applicable to all low carbon steels.

5.7. Heterostructured functional materials

The concept of heterostructured materials can also be applied to functional materials, where the trade-off of essential functional properties may also exist [15,372]. Functional materials that may benefit from the heterostructured concept include magnetic materials [373–375], thermoelectric materials [376], ferroelectric materials [377], etc. Here we will use the heterostructured magnet as an example to demonstrate the advantage of heterostructured functional materials. As deliberated below, many types of heterostructures for the structural materials can also be applied to the functional materials such as magnets.

Saturation magnetization (M_s) and coercivity (H_c) are crucial properties of permanent-magnet materials [378]. Obtaining a large energy density for a permanent magnet requires both high M_s and high coercivity H_c . However, like the strength-ductility trade-off in metals, a gain in M_s is inevitably accompanied by a loss in H_c , which limits the maximum energy density that can be achieved for permanent magnetic materials [372].

A research group at Yanshan University has recently made a pioneering study to produce a superior combination of the magnetization-coercivity by engineering heterogeneous and ordered nanostructures in a hybrid material that consists of hard and soft magnetic grains [374,375,379–381]. The hard magnetic grains have a large H_c and the soft magnetic grains have a high M_s . Such a new conceptual strategy exploits the benefits of both the heterogeneous or ordered nanostructure and the hybrid material, which opened up a new research area of permanent-magnetic materials. To date, several structural designs have been successfully explored to build high-performance permanent magnetic materials, including bimorphological [374,375], layered [379], core/shell [380] and gradient [381] nanostructures. These seemingly different strategies share a common design principle: the designed structural heterogeneous or ordered structures lead to large H_c while maintaining high M_s provided by the hybrid materials, since these structures themselves have important impacts on the magnetization reversal of ferromagnets. As such, the heterostructured magnets with heterogeneous or ordered nanostructures exhibit a superior magnetization-coercivity combination, thus yielding record-high energy densities (i.e., energy product) achieved so far with low rare-earth metal contents, for example, 28–31 MGOe for bulk anisotropic nanocomposite magnets [374,379] and 26 MGOe for isotropic permanent magnets [381].

5.7.1. Magnets with bimorphological oriented nanostructures

Li and co-workers proposed a design concept of bimorphological oriented nanostructures. The engineered heterogeneous nanostructure comprises aligned hard-magnetic SmCo rod-shaped grains, ~10 nm in diameter and 20–40 nm in length, and soft-magnetic α – Fe(Co) equiaxed grains with a high fraction (~28 wt%) and small size (~10 nm) (see Fig. 45) [374]. Such nanostructures were fabricated by multistep deformation. First, the morphology and structure of Fe(Co) nanocrystals were well controlled through purposely dispersing them in a SmCo-based amorphous matrix with ball milling. Then, the mixture was consolidated into bulk materials and deformed under high-pressure thermal compression (HPTC). The strain energy anisotropy of SmCo crystals yielded at high stress



Fig. 45. Bimorphological SmCo/FeCo oriented nanostructures [374]. (a) Bright-field and (b) dark-field transmission electron microscopy (TEM) images and the corresponding selection area electron diffraction (SAED) patterns (inset) of the nanostructure. This nanostructure consists of the oriented rod-shaped SmCo grains (indicated with the arrows; \sim 10 nm in diameter and 20–40 nm in length) and the equiaxed Fe(Co) grains (\sim 10 nm in diameter).

(\sim 1 GPa) and large strain (\sim 80 %), coupled with temperature gradient, enables their oriented growth in the amorphous matrix, producing aligned rod-shaped nanograins.

The resulting nanostructure exhibits a high energy density of 28 MGOe for this class of bulk nanocomposite magnets with low rareearth contents and outperforms, for the first time, their corresponding pure rare-earth magnet, with 58 % enhancement in energy product. The superior performance is attributed to the enhanced magnetization-coercivity combination that is resulted from the magnetic coupling between nanostructured domains (grains), in which the oriented SmCo grains and the high fraction of ultrafine Fe (Co) grains contribute to high remanent magnetization (B_t), while the rod-shaped SmCo nanograins are favorable for large H_c , e.g., an increase of 22 % in H_c as compared to the equiaxed SmCo nanograins. The key idea of this strategy is the creation of ultrafine oriented SmCo nanograins (<10 nm in diameter) using strain-energy anisotropy through a solid-state phase transformation under the HPTC [372].

5.7.2. Magnets with layered ordered nanostructure

Huang *et al* devised a strategy to build bulk layered ordered nanostructures with functional units. The nanostructure is characterized by ordered layers of NdFeB nanograins embedded in a SmCo + FeCo nano-grained matrix (see Fig. 46) [379]. In contrast to previous studies, they utilize a blend of amorphous and nanocrystalline materials as precursor to realize the bulk layered nanostructure by HPTC. First, the FeCo particles were homogeneously dispersed in a Sm-Co amorphous matrix through mechanically milling to control their grain size, distribution, and fraction. Second, the SmCo-based amorphous precursor was thoroughly mixed with NdFeB nanocrystalline ribbon powder. Next, the mixed precursor was consolidated into a bulk material and deformed by HPTC to yield the desirable ordered structures with alternating layers of (FeCo + SmCo) and NdFeB, while the HPTC produced the oriented SmCo and NdFeB nanograins.

The ordered layered architecture makes a significant contribution to the strong exchange-coupling between soft and hard magnetic grains at high soft magnetic fractions and has an important impact on magnetization reversal, for example, leading to previously unachievable multi-step pinning behavior in magnetic reversal process. Such unique magnetization reversal mechanism enables a favorable combination of high B_r and large H_c . As a result, the layered ordered nanostructure exhibits a record-high energy product (31 MGOe) achieved to date for this class of bulk nanocomposite magnets, with the soft magnetic fraction exceeding 20 wt%. Moreover, the novel design strategy allows separate manipulation of conflicting components in different layers and thus enables simultaneous control over all the structural properties of constituents on the nanometer scale, which is significant for the fabrication of heterostructured materials in a well-controlled way.

5.7.3. Magnets with core/shell heterogeneous nanostructures

A core/shell nanostructure enables efficient interaction (e.g., exchange coupling) between the core and shell constituents, but its synthesis is generally limited to nanoparticles. Li *et al.* reported a self-assembly strategy to fabricate three-dimensional (3D) core/shell nanostructures, with hard-magnetic Nd₂Fe₁₄B core (~45 nm in diameter) and soft-magnetic α -Fe shell (~10 nm in thickness) grains (Fig. 47) [380]. A major advantage of the core/shell heterogeneous nanostructure over the conventional homogeneous nanostructure is to realize a strong exchange coupling between the hard and soft magnetic grains, when a high soft-magnetic fraction (~30 wt%) is present. The resulting 3D core/shell nanostructure allows both high B_r and large H_c , leading to a large energy product of 25 MGOe. The 3D core/shell nanostructures were fabricated through sequential growth of the core and shell nanocrystals in a Nd-Fe-B melt. It is anticipated that by aligning the hard-phase grains along their easy magnetization axes, higher energy products can be achieved in such core/shell heterostructured magnets.

5.7.4. Magnets with gradient ordered nanostructure

In principle, ordered structures with gradient variation in grain sizes should have important impacts on magnetization reversal and macroscopic properties of magnetic materials, as large grains have a lower reverse field than that of smaller ones [378]. Recently, by engineering Nd₂Fe₁₄B/ α -Fe gradient ordered nanostructures (Fig. 48) [381], Lou and co-workers discovered a directional magnetization reversal that initiates first in large grains and then towards smaller ones through micromagnetism simulations and experiments (Fig. 49). This is in contrast to the conventional random and nonuniform magnetization reversal in ferromagnetic materials. Such directional magnetic reversal enables them to achieve a large H_c without sacrificing M_s , thus leading to a record-high energy product (26 MGOe) for isotropic nanocomposite magnets which usually have values of approximately 20 MGOe. The directional magnetization reversal is achieved by judiciously creating an orderly arrangement of grain sizes and phase contents within the material, thus yielding an ordered magnetization reversal.

To realize this idea, Lou *et al.* successfully fabricated Nd₂Fe₁₄B/ α -Fe nanostructures with gradient variations in both the grain size and α -Fe content by solidification with a temperature gradient using the melt-spinning (MS) technique with Nd-Fe-B alloys [381]. They suggest that the grain gradient in engineered α -Fe/Nd₂Fe₁₄B nanostructures originates from the MS process with a temperature gradient, while the α -Fe phase gradient might result from deliberately introduced cluster structures (or crystal nuclei) in alloy melt, which might have nonuniform spatial distributions in the melt and thus cause the α -Fe phase gradient by heterogeneous nucleation in the MS process.

This strategy proposed by Lou *et al.* should be general and applicable to other systems for creating ordered structures, e.g., grain gradient and phase gradient, to achieve superior mechanical and functional properties. The methodology using cluster structures in alloy melt could be directly applied to manipulate phase transformation in solidification processes, e.g., to produce ultrafine nano-crystalline materials with simpler compositions and/or to fabricate new structural and functional materials.



Fig. 46. NdFeB/(SmCo + FeCo) layered ordered nanostructures [379]. (a) TEM image and (b) energy dispersive X-ray (EDX) mapping (using Fe K α_1 , red) of a layered ordered nanostructure. The layers of NdFeB nanograins are embedded in a SmCo + FeCo nano-grained matrix.



Fig. 47. Nd₂Fe₁₄B/ α -Fe core/shell heterostructures [380]. (a) TEM and (b) high-resolution TEM images of a core/shell heterogeneous nanostructure. The nanostructure comprises Nd₂Fe₁₄B core (~45 nm in diameter) and α -Fe shell (~10 nm in thickness) grains.

6. Design principles of heterostructured materials

As discussed in Section 4, the superior mechanical properties of heterostructured (HS) materials are attributed to the heterodeformation induced (HDI) strengthening to enhance the yield strength and the HDI strain hardening to retain and even increase the ductility [1,15,181]. Therefore, it is critical to design alloys and their heterostructures to enhance the HDI stress. In this section, we will discuss the principles of designing HS materials for the best mechanical properties.

6.1. Alloy design

The HDI stress is collectively produced by a pair of stresses that are opposite in directions: back stress and forward stress. Locally, the back stress is produced by the piling up of geometrically necessary dislocations (GNDs) in a soft zone, which produces a stress concentration at the zone boundary with a magnitude of $n\tau_a$ [73,213,214], where *n* is the number of GNDs and τ_a is the applied shear stress. The stress concentration induces the forward stress across the zone boundary in the hard domain. On the zone boundary, the back stress and the forward stress balance each other since they are the same in magnitude but opposite in direction. However, the stress distribution in the soft zone and the hard zone will be different. Therefore, the evolutions of back stress and forward stress are not a zero-sum game overall. This produces the global HDI stress, which can be measured using the loading-reloading experiment during a tensile or compressive testing.



Fig. 48. $Nd_2Fe_{14}B/\alpha$ -Fe gradient ordered nanostructures [381]. (a) Cross-sectional SEM image and (b to d) bright-field TEM images of a gradient nanostructure marked in (a), with an ordered arrangement of grain sizes from the cooling side (CS) to the free side (FS) of melt-spun ribbons. (e to h) High-resolution TEM images and their corresponding fast Fourier transformation (FFT) of the coarse (e and g) and small (f and h) nanograins marked in (c).

Logically, it can be assumed that higher back stress should lead to higher forward stress, and consequently higher HDI stress. To produce higher back stress, it is desired for dislocations to slip in a planar manner so that they can easily pile-up against the zone boundaries. There are several ways to promote planar slip, including lowering stacking fault energy (SFE) [238], and short-range solute clustering (ordering) [382,383]. Other factors that promote planar slip in fcc metals include high shear modulus, large atomic misfit, and high solute content [384].

The key to maintaining planar slip is to prevent dislocation from cross-slipping. In fcc metals, a perfect dislocation is often dissociated into two partial dislocations with a stacking fault in between to form a stacking fault ribbon [124]. The stacking fault width is determined by the balance of the repulsive force between the two partials and the extra energy in the stacking fault. Lower stacking fault energy leads to a wider stacking fault, i.e., larger separation of the two partials. For cross-slip to occur, the two partials need to be combined to form a perfect dislocation first, which has an energy barrier that needs to be overcome by the applied shear stress. Larger separation makes it more difficult for the two partials to come together to combine, which makes cross slip more difficult. In other words, low SFE promotes planar slip. This is reflected in the defect structure formed by deformation. It is reported that low SFE fcc alloys such as stainless steel typically form GND pileups near grain boundaries due to planar slip [238], while medium to high SFE metals and alloys such as Cu and Al typically form cell structures due to cross-slip of dislocations [238,385,386].

Logically, any factors that makes it more difficult for the two partials of a perfect dislocation to combine should promote planar slip. It is reasoned that solute atoms, large atomic misfits, and high shear modulus promote planar slip because they increase lattice friction for dislocation slip and hence make it harder for the partials to move together [384]. This may be the reason why high-entropy alloys often has very high strain hardening [387–390].

Short-range solute clustering and ordering promote planar slip because the leading partial destroys the clustering/ordering, leading to slip plane softening [382,383,390]. Small precipitates that can be cut through by dislocations have similar effect.

Crystal structures may also have a significant effect on the planar slip and consequently high HDI stress. It has been observed that hcp Ti usually has planar slip [2,391]. As a result, heterostructured Ti has been found very effective in producing the HDI strengthening and hardening to improve strength and ductility [2]. Due to the low symmetry and limited slip systems of hcp crystal systems [392], it is more difficult for dislocations to cross slip from one slip plane onto another slip plane. Therefore, it is expected that heterostructured



Fig. 49. Magnetization reversal and magnetic properties of Nd₂Fe₁₄B/ α -Fe gradient ordered nanostructures [381]. (a) Micromagnetism simulations on magnetization reversal of gradient (GHN-2) and homogeneous (s15) nanostructures. (b) Remanence (B_r) and coercivity (H_c) of representative isotropic α -Fe/Nd₂Fe₁₄B nanocomposite magnets prepared by various approaches. (c) Energy products (*BH* curve) of the synthesized GHN-2, where magnetic-field induction $B = H + 4\pi M$.

hcp metals and alloys can develop high HDI strengthening and strain hardening. This has been demonstrated in heterostructured Ti. Further experimental studies on other hcp metals and alloys are needed to verify this hypothesis.

As discussed earlier, dual phase materials represent a type of effective heterostructures. Alloy design is also needed to produce the most effective HDI hardening. It is desirable to design dual-phase materials with relatively large strength difference between the two phases so that stronger HDI hardening is produced. In addition, it is also desired that both phases have good plasticity so that cracks do not develop to fail the materials, which allows the HDI hardening to work to improve ductility.

6.2. Heterostructures design

From our current understanding of the physics of heterostructured materials [1,2,13,181,299], we can provide qualitative guidance to the design of heterostructures. As discussed earlier, HDI strengthening and HDI strain hardening are responsible for the observed superior mechanical properties and behaviours. Therefore, it will be desirable to maximize the effect of back stress and minimize the effect of forward stress so that the HDI stress can be maximized. To this end, the heterostructure should be designed to promote GND pileups, in terms of their number density as well as the lengths of individual pileups. In addition, the strength difference between the hard zones and soft zones should be large so that the effect of the forward stress on the hard zone can be reduced. Note that the forward stress adds to the applied stress in the hard zone to deform the hard zone. Large difference in strength allows higher back stress to build up in the soft zone before the hard zone starts to yield, which consequently increases the yield strength. Lastly, it is important for the hard zones to be plastically deformable so that the zone interface will not fail, in which case void or cracks will be initiated at the zone boundaries. The nucleation and growth of voids is another type of failure mechanism, which could occur even under high strain hardening rate. This is another failure mode that may occur before necking. This is the reason why most metal matrix composites reinforced with hard particles usually don't have high ductility.

6.2.1. Geometry of heterostructured zones

To design superior heterostructures, it is necessary to keep in mind that for higher HDI effect, we need to increase the number of pile-ups per unit sample volume. It naturally follows that we need to increase the density of zone boundaries to provide more potential locations for GND to pile up. Therefore, a lamellar structure in which the soft zone is flattened will be much more effective in promoting HDI effect than an equiaxed structure because the former has higher boundary area to volume ratio. Indeed, we have found that lamellar structured Ti with micrometer-sized soft Ti lamellar embedded in ultrafine grained (UFG) matrix produced the best heterostructure effect, i.e. exhibiting the strength of the UFG matrix and even higher ductility than the coarse-grained Ti [2], which was considered impossible according to our conventional understanding of materials science.

Another type of heterostructure with high zone boundary area per unit volume is for the soft zone to have a needle geometry, which also have high boundary area to volume ratio. Recent experimental results indeed verified that such a heterostructure can produce superior combination of strength and ductility [393].

Importantly, the two types of heterostructures discussed above are conducive to large-scale conventional industrial production. Specifically, the lamellar heterostructure can be produced by rolling while the needle heterostructure can be produced by extrusion, both of which are conventional processing technologies.

6.2.2. Spacing of zone interfaces

Since the GNDs are piled up against the zone boundaries, which produces the back stress, it naturally follows that there must be an optimum zone-boundary spacing, i.e., the thickness of the soft lamellae. If the spacing is too large, only the hetero-boundary affected region (HBAR) is contributing to back stress development, and other regions in the soft lamellae will be ineffective in promoting HDI strengthening and hardening. If the spacing is too small, there will not be enough space for the GNDs to pile up to their full capacity. Similar argument also applies to the hard zones. These are deliberated below.

There are two spacings to be considered for designing a heterostructure. The first is the zone boundary spacing across the soft zones, i.e., the soft zone thickness *t* as shown in Fig. 50. This should be determined by the average length of the GND pile-ups. The GND pile-ups produces a hetero-boundary affected region (HBAR) on both sides of a zone boundary [13]. The back stress is largely produced in the HBAR in the soft zone. It has been observed that the optimum zone boundary spacing across the soft zones, i.e. the soft zone thickness, is when the two HBARs across from a soft zone start to overlap, which is about 15 μ m in the case of Cu-bronze layered heterostructure [13]. When the Cu layer thickness is>15 μ m, both yield strength and ductility increase with decreasing thickness. However, when the thickness is smaller than 15 μ m, decreasing the thickness will decrease the ductility although the yield strength will continue to increase. The observed thickness effect is caused by the influence of thickness on the effectiveness of HDI stress development. With decreasing thickness, the density of zone interfaces increases, which facilitates the development of GND pile-ups to increase the back stress. On the other hand, below a critical thickness at which the HBARs start to overlap, further decreasing the



Fig. 50. Schematics of a mathematical model for heterogeneous lamellar structure. The platelets represent the soft zone lamellae. (a) The side view of the lattice of soft zone lamellae. (b) The 3D representation of the lattice unit cell of the soft zone lamellae, which is in a body centered orthorhombic arrangement.

thickness limits the space available for GND pile-ups to fully develop, which reduces the HDI strain hardening rate.

The zone boundary spacing across the hard zone (*d* in Fig. 50) should also play a role in the HDI strain hardening, although it is not well understood. The HBAR thickness in the hard zones should be associated with how fast the forward stress decays with increasing distance from the zone boundary, as shown in Fig. 11. The hard zone thickness should be large enough to allow the HBAR development. This is not well understood and should be further studied. Experimentally, this is related to the volume fraction of the hard zones. As shown in Fig. 50, assuming the soft zone lamellae assemble in a body-centered orthorhombic lattice, the volume fraction of the soft zones can be easily derived as.

$$f_s = \frac{1}{(1 + d_l/l)(1 + d_w/w)(1 + d_l/l)}$$
(13)

where *l*, *w* and *t* are the length, width and thickness of the soft zone lamellae, respectively; d_b , d_w and d_t are the gaps of between soft zones along the length, width and thickness directions as definitions in Fig. 50. When the width w is comparable to thickness t, and $l \gg t$, the soft zone will be shaped like a fiber, and the structure can be called as fibrous heterostructure.

As shown in Fig. 50, if the length l and width w of the soft lamellae are much larger than its thickness t, the structure can be approximated as a layered structure with alternative soft and hard layers. As discussed earlier, layer structured materials may have very high strength when the layer thickness is very small, but their ductility is usually not very high. The reason is that in the continuous layer structure, the soft and hard layers are forced to deform at about the same applied strain because of their mutual constraint. In other words, strain partitioning will be limited, which limits the HDI strain hardening. For the same reason, if the length l is much larger than thickness and the width is comparable to t, the structure can be approximated by soft long fibers/ribbons embedded in hard matrix, it will limit the strain partitioning in the longitudinal direction, which also limits the HDI hardening. In summary, it is not desired for the soft zones to have any dimension to be too large.

6.2.3. Volume fraction of the soft zones

Heterostructured (HS) materials should be designed to have the soft zones embedded in a hard but plastically deformable matrix. The volume fraction of the soft zones is an important parameter for producing superior mechanical properties in HS materials. It was found that for the HS lamella Ti, the optimum volume fraction of the soft zone is in the range of 20 % to 30 % [2]. The optimum volume fraction may be influenced by several factors such as the morphology and texture of heterostructures, the strength difference between the soft and hard zones as well as the SFE of the soft zones. It is deduced that for the highest HDI strengthening and strain hardening, the soft zones should be fully constrained by the matrix of hard zones. In other words, the hard zones should connect to form a continuous hard matrix network. In such a scenario, during a tensile test, the soft zone will try to start plastic deformation first by activating dislocation sources such as the Frank-Read source. GNDs from dislocation sources will glide and be stopped by the zone boundaries where they pile up [2]. This will produce back stress in the soft zone to increase the global yield strength. Because the soft zones are totally surrounded and constrained by the hard matrix, they cannot plastically deform to change their shape easily, thus making it effective to build up the back stress, which significantly improves the yield strength. This has been demonstrated in HS lamellar Ti [2].

Logically, for the soft zones to be embedded in the hard matrix, the volume fraction of the soft zones should be <50 %. In addition, the volume fraction of the hard zones should be high enough to fully constrain the soft zones. This explains why the optimum volume fraction of the soft zones is far below 50 %.

On the other hand, if the volume fraction of the soft zones is above 50 %, the soft zones will form a network so that the plastic strain path can go around the hard zones to cause global yielding. In other words, a heterostructure with hard zones embedded in a soft matrix will have limited capability to increase the global yield strength. However, this is exactly what is designed in most composite materials and dual phase materials reported in the literature and used in practical applications.

7. Perspectives and outstanding issues

Heterostructured (HS) materials are a class of materials that not only have vast opportunities for fundamental studies to pave their scientific foundation, but also have great potentials for fast industrial applications. The commercialization and practical applications of new materials are often stymied by the following two critical factors. The first factor is the scalability of the technology for large-scale industrial production. This often needs extensive research and development. The scaling up of new technologies from laboratory to commercial production often takes a long time at very high cost. What works well in a laboratory may not work at large scale or may not work consistently for easy control of the quality of the commercial product. The second factor is the cost, which includes the cost of purchasing and installing production facility as well as the cost of producing the product itself. New materials are developed to enable new technologies or to replace existing materials. The replacement of existing materials is especially cost sensitive for civilian products such as automobiles. The scaling up for commercialization of a new technology is often in the R&D stage when the public funding for fundamental research is drying up while the technology is not mature enough to attract sufficient private funding from for-profit companies for commercialization. Consequently, the technology dies without being able to secure enough funding to sustain its R&D activities. Promising technologies die so often in this stage that it is dubbed the technological "valley of death" [394].

One of the biggest advantages of HS materials is that they can be produced by current industrial technologies and facilities, which eliminates any technology barrier for their commercialization. It also avoids upfront huge capital investment. The adoption of the current industrial technology and facilities makes it very economical to produce HS materials at low cost, which makes them competitive when compared with existing materials. For example, HS steels can be processed using the current industrial rolling and

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annealing process at steel mills, which could potentially develop a new series of high-performance and low-cost steels for the manufacturing industries such as automobiles. In fact, common industrial thermo-mechanical technologies and facilities such as forging, rolling, extrusion, drawing, and heat treatment can all be used to process HS metals and alloys. It is this potential for industrial applications that will sustain HS materials for a long-lasting life.

As a new materials field, there are many known and unknown fundamental and engineering issues to be solved, which provides for abundant research opportunities for the materials community. A new scientific principle, hetero-deformation induced (HDI) strengthening and HDI hardening, is responsible for the superior mechanical properties of HS materials, which is a major factor in determining their mechanical behavior. The HDI strengthening and HDI hardening are adding to the conventional dislocation-based strengthening and hardening to provide additional enhancement of strength and ductility. Below we will discuss the scientific and engineering issues that are hitherto known in the field of HS materials.

The first issue is the interaction of geometrically necessary dislocations (GNDs) with zone boundaries to develop heterodeformation induced (HDI) stress. Logically, when an array of GNDs slip toward a zone boundary, they may be stopped in front of the boundary, transmitted across the boundary, pushed into the boundary, or reflected from the boundary. They may also cross slip to escape the pile up. These scenarios will determine the effectiveness in producing the HDI strengthening and hardening. The occurrence of these scenario will be influenced by the intrinsic properties of materials such as the stacking fault energy and crystal structure, as well as the microstructural characteristics such as zone boundary structure and misorientation, strength difference across the boundary, crystal structure difference across the boundary, etc.

GND pile-ups against zone boundaries is the most effective way to produce back stress in the soft zones and forward stress in the hard zones, which consequently produce high HDI stress. Stacking fault energy (SFE) should affect the GND pile-up. Low SFE promotes planar dislocation slip, which makes it easier for GNDs to pile up, while high SFE makes it easier for GNDs to cross slip to avoid a long pile-up. Therefore, it can be deduced that the SFE will affect the development of HDI stress and HDI hardening. This needs a systematic study. The scenario of GNDs being pushed into the zone boundary and absorbed by the boundary has been observed in an *in-situ* TEM study of Cu-bronze layered structure [240]. The GND absorption by and transmission across the zone boundary will logically lead to the saturation of the number of GNDs in the pile up. These need to be studied so that we can understand the HDI evolution and mechanical behavior of HS materials. Other unknown GND-zone boundary interactions may also exist, which will be discovered in the future.

The second issue is the mechanisms for the nucleation and growth of dispersed shear bands, and their relationship with GND pile ups. Highly dispersive strain bands have been observed in almost all HS materials reported so far. It is an effective way for the HS materials to distribute the plastic deformation over a longer gage length to delay the formation of a major strain localization to fail the sample. It is critical to probe the nucleation and growth mechanisms of local strain bands. One hypothesis is that the nucleation of a local strain band is associated with one or multiple GND pile ups, but this is yet to be verified experimentally. This is critical to understanding the deformation mechanisms of HS materials. In addition, it is suspected that local strain bands are most likely shear bands, i.e., caused by local shear strains, which needs to be verified.

The third is computational investigation, coupled with experimental study, to probe the GND interaction with the zone boundaries, after which analytical modelling is needed to derive equations to predict the optimal hetero-zone size, geometry and distribution for the best strength-ductility combination. The heterostructured materials reported so far have been largely made by the trial-and-error approach. Although we already have some basic idea on how to design HS materials, as discussed in the last section, we still don't understand the HS materials enough to quantitatively design the heterostructures. The ultimate goal is to design HS materials using their composition and desired heterostructure for the best mechanical or physical properties.

The fourth issue is to combine different heterostructures to develop dual heterostructures or trio heterostructures, and to synergistically couple heterostructures with conventional toughening mechanisms such as the transformation induced plasticity (TRIP), twinning induced plasticity (TWIP), or deformation twinning, etc. If each strain hardening mechanisms are activated sequentially at different straining stage, it may maintain high strain hardening rates to a very high tensile strain, i.e., producing very high ductility. The sequential activation of multiple strain hardening (SMSH) strategy has been reported in a heterostructured high-entropy alloy, which is the first successful attempt in this direction [395] and ultrafine grained materials [396]. There are endless possible combinations among HS structures and with other conventional toughening mechanisms, which provides for a vast design space for HS materials.

The fifth issue is the development of processing technologies with good control of the heterostructures, good scalability and low processing cost. This is critical for the real-world commercial applications of heterostructured materials.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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